**Workshop Name**: Release Your Imprisoned Splendor

**Website Description:** This is a musical journey in five parts: The Search, Finding My Own Way, Inner Guidance, My Life, Strength. Each evening, participants will explore one leg of the journey through story, song, journaling questions, and discussion. The entire journey begins with the belief that life is lived now and each life is unique. While we learn from the past and gather ideas from others along the way, a life fully lived is one which celebrates the unique and vital contributions of the individual. Come find the courage to release your imprisoned splendor!

**Stake**/**Purpose**: To awaken each person to the unique gifts that are theirs to share with the world for the sake of individual happiness and humanity’s growth.

**Intended** **for**: Persons ready to release blocks and embrace fulfillment.

**Desired Impact:** Persons will discover within themselves stories that bind them and possibilities that will free them.

**Outcome:** People inspired to become more in this lifetime, possibly with the help of life coaching.

**Supplies:** Release booklets

**Content:**

Release Your Imprisoned Splendor (a musical journey to self-empowerment, 5 part series)