Name: Email:

***A coaching or mentoring journey is the gift of a mirror – a partnership that will invite you to see YOU and dare you to become all that you are meant to be in this lifetime. It is a journey into 100% self-responsibility that will challenge you to take risks on your own behalf and commit to bold action steps.***

***Tell my why you have what it takes to take full advantage of this opportunity by answering the questions below.***

**What are your personal and life goals as you see them today?**

**What are your strengths, and how are you able to use them?**

**What holds you back from achieving your goals and dreams?**

**Describe other personal growth experiences that have had a significant impact on you and your personal development.**

**In what ways are you longing to be challenged, grown and stretched?**

**On a scale of 1 to 10 (10 being the highest), how available are you to play “full out”, to take full advantage of this opportunity, and to let our work together have a major influence on your life?**

**I was born at this time in history in order to…**

*Send the completed form electronically to Jeanne at SongsForYourSpirit@new.rr.com.*