

Chants

Songs For Your Spirit
Songs For Your Spirit
Volume 3

Keyboard Version



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First Edition April 2007

Composer's Thoughts

Welcome to *Chants*, a collection of chants intended to support complete embodiment of the sacred message of life, the God within, personal power. Each of these simple pieces can be sung by any congregation and those with multiple voice lines will let your singing group shine. The *Songs For Your Spirit* series includes these inspirational topics:

- *Christmas and other Special Topics*
- *Faith Trust, and Letting Go*
- *God's Love*
- *Healing and Forgiveness*
- *Let Your Light Shine!*
- *On Your Daily Walk*
- *Prayer and Meditation*
- *Prosperity and Thought*
- *Release The Imprisoned Splendor*
- *We Are One*

Music is an integral part of any worship service. As a universal language, music has the ability to touch the depth of our spiritual selves. The energy created by music, energy which flows in and through and around us all, is never more moving than when each member of the congregation raises their voice in song. It is pure gift when the music minister provides the framework for every congregant to experience the message in song. It is toward this goal that *Songs For Your Spirit* came to be.

Music, for me, is the main channel through which Spirit's presence and guiding force make themselves known. Experiencing the minister's message in song through easy melodies and meaningful lyrics completes the service and provides an experiential memory that will resurface frequently during the week. It is my hope that, through bringing these songs to life, you and those with whom you worship will have found yet another path to the personal voice of Spirit within you.

As a Minister or Spiritual Leader you will find here the lyrics of transformational music, lyrics which support your message and may even provide the idea and framework for the next message. Many of the songs in the series were written from ministers' notes in order to "be the message" in song for the week. Search the CD to locate quickly the lyrics which meet your need.

As a Music Minister you will find:

- Catchy melodies in keys that the average singer can perform
- Easy-to-play piano arrangements formatted to minimize page turns
- Simple harmonies that are easily embellished by the improvisation artist
- Lead sheets in guitar-friendly keys
- A suggested use index to guide selection based on your need for a congregation, group, or solo piece
- Recordings, piano karaoke tracks, lyric text for projection

It is my hope that this music is both meaningful and easy to use. Your comments and suggestions are welcome! You will find contact information on page two for primary contributors. Please check out:

www.SongsForYourSpirit.com

for links to spiritual music from many other talented and beautiful people!

Blessings, my friends!
Jeanne

Special thanks ...

to some very special friends who encourage,
spread wonderful rumors about this music,
lift me up when I feel down;

and to my husband, Jamie, who believes in me,
gifts me with time and space to do this work,
and loves me.

Chants

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Sacred Sabbath Time

Flowing, as a prayer (♩ = c. 72)

Words and Music by Jeanne Loehnis

Cm Cm/G Cm7

Sa - cred rest is mine when with pure heart and

Sa - cred rest is mine.

Sa - cred rest is mine.

Verse

May you o - pen
 In the still - ness
 Rest in si - lence.
 True con - nec - tion.
 With in - ten - tion

Piano

(*) Verses are optional and should only be sung by the leader once the group is fully confident with the chant.

Sacred Sabbath Time - page 2

Cm/G Cm7 A^bM7

mind Sa - cred rest is mine. I sur - ren - der free - ly to sweet Sa - cred rest in Sa - cred rest is mine. Sa - cred

to the Spi - rit in your know sweet peace and sa - cred Lis - ten on - ly to the You are one with Spi - rit cel - e - brate and nour - ish

Pno.

Sacred Sabbath Time - page 3

	Fm9	Gm	Cm	Gm	Last time Cm
V	Sab - bath		time.		time.
	Sab - bath		time.		time.
	Sab - bath		time.		time.
Pno.	soul. bliss.		still small voice with - in.		Last time
	dwel - ling		in your soul.		
	in - ner		Sab - bath		
			joy.		

Am I Willing?

Flowing (♩ = c. 128)

Words and Music by Jeanne Loehnis

E \flat **Fm** **Gm** **A \flat M7**

Am I wil - ling to be who I am?

The first system of music features a vocal line and a piano accompaniment. The vocal line starts with a half note on G4, followed by quarter notes on A4, B4, and C5. The piano accompaniment consists of a steady bass line and chords in the right hand.

E \flat /B \flat **Cm** **A \flat** **B \flat**

Am I wil - ling to be the I AM?

The second system continues the melody with a half note on G4, quarter notes on A4, B4, and C5, and a final half note on B4. The piano accompaniment provides harmonic support.

Cm7 **Gm** **A \flat M7** **B \flat 6**

Am I wil - ling to let Love in?

The third system features a vocal line with a half note on G4, quarter notes on A4, B4, and C5, and a final half note on B4. The piano accompaniment includes chords and a bass line.

Cm7 **Bdim** **E \flat sus4/B \flat** **E \flat**

Am I wil - ling? I AM!

The final system concludes the piece with a vocal line that includes a double bar line and a fermata over the final note. The piano accompaniment features a sustained chord in the right hand and a bass line.

Breath Of Life

Gently (♩. = c. 44)

Words and Music by Jeanne Loehnis

The musical score is written in 3/4 time with a key signature of two flats (B-flat and E-flat). It consists of two systems of staves. The first system includes a vocal line and a piano accompaniment. The vocal line has lyrics: "Breath of life flow - ing free - ly". The piano accompaniment features a steady eighth-note bass line in the left hand and a melody in the right hand. The second system continues the vocal line with lyrics: "fill me now!". The piano accompaniment continues with a similar rhythmic pattern. Chord symbols are placed above the vocal line: Cm, Fm, Dm7(b5) in the first system, and Cm/G, G, Cm in the second system.

Cm Fm Dm7(b5)

Breath of life flow - ing free - ly

Cm/G G Cm

fill me now!

Gift Of Life

Lightly (♩ = c. 108)

Words and Music by Jeanne Loehnis

The musical score is written in 4/4 time with a tempo of approximately 108 beats per minute. It consists of three systems of music. Each system includes a vocal line with lyrics, a piano accompaniment with treble and bass staves, and guitar chords indicated above the vocal line.

System 1: Chords: C, Am, FM7add9. Lyrics: Gift of Life I am Yours. Gift of Life

System 2: Chords: G, G7, C, Gsus4/B, Am7, Em7. Lyrics: op - n'ing doors. Liv - ing free I make my world.

System 3: Chords: Dm7, G11, C. Lyrics: I'm a - live and life is good! (repeat as desired)

Healing Chant

Calmly (♩ = c. 110)

Words and Music by Jeanne Loehnis

Melody

Harmony

Piano

Cm Cm/B♭ Dm7(b5)/A♭ G A♭M7

Deep - ly I breathe, free - ly re - ceive. Heal - ing love

M

H

Pno.

(ritard last time only)

Cm/G Fm6 Cm Last time Cm

flows, whole - ness re - stored. stored.

(ritard last time only)

Last time

(* Begin with melody only; add harmony during repeats. Last time, slow into final, ending. Optionally end on a C major triad.

My Spirit Free

Freely (♩ = c. 112)

Words and Music by Jeanne Loehnis

G Bm Am D

Wings just like a but-ter-fly lift my spi - rit to the sky!

The first system of music features a vocal line and piano accompaniment. The key signature is one sharp (F#) and the time signature is 3/4. The vocal line begins with a repeat sign. The piano accompaniment consists of a treble and bass clef. The lyrics are: "Wings just like a but-ter-fly lift my spi - rit to the sky!"

Em7 CM7 D G

I now soar; as Love I see. Fly - ing high, my spi - rit free.

The second system of music continues the vocal line and piano accompaniment. The lyrics are: "I now soar; as Love I see. Fly - ing high, my spi - rit free."

Gsus2 Gsus4 G Gsus4 G

(*) Repeat as often as desired. Last time

The third system of music shows a vocal line with a repeat sign and piano accompaniment. The lyrics are: "(*) Repeat as often as desired. Last time". The piano accompaniment features a treble and bass clef with a repeat sign and a final cadence.

Open and Free

Driving (♩ = c. 110)

Words and Music by Jeanne Loehnis

The musical score is written in 4/4 time with a key signature of three flats (B-flat, E-flat, A-flat). It consists of three systems, each with a vocal line and a piano accompaniment. The piano accompaniment features a steady bass line and chords in the right hand.

System 1: Chords: Cm, Ab, Cm/G, AbM7. Lyrics: O - pen to life. O - pen to change. O - pen and free to know the

System 2: Chords: Ddim/F, G, Cm, Ab. Lyrics: love of God! O - pen to life. O - pen to change.

System 3: Chords: Cm/G, AbM7, G, Cm. Lyrics: O - pen I clear - ly see the hand of God!

Since God Is All There Is

With joy (♩ = c. 138)

Words and Music by Jeanne Loehnis

Flute

8^{va}

E \flat B \flat 11 E \flat

Since God is all there is. Since

F

Cm Cm7 A \flat 6 B \flat

God is all there is... can't you

Since God Is All There Is - page 2

F

see? God is you! God is me! We are

E_b Gm/D $Cm7$ E_b/B_b

Detailed description: This system contains the first four measures of the piece. The vocal line starts with a quarter note 'see?', followed by eighth notes 'God is you!', eighth notes 'God is me!', and a quarter note 'We are'. The guitar chords are E_b , Gm/D , $Cm7$, and E_b/B_b . The piano accompaniment features a steady bass line and chords in the right hand.

F

one. We are God. God is we! Since

Fm $Fm7/E_b$ $Ddim7$ B_b7

Detailed description: This system contains the next four measures. The vocal line continues with a quarter note 'one.', eighth notes 'We are God.', eighth notes 'God is we!', and a quarter note 'Since'. The guitar chords are Fm , $Fm7/E_b$, $Ddim7$, and B_b7 . The piano accompaniment continues with a consistent harmonic accompaniment.

F

God is all there is.

$Fm9$ B_b7sus4 E_b

Detailed description: This system contains the final three measures of the piece. The vocal line has eighth notes 'God is all there is.' followed by a quarter note 'is.'. The guitar chords are $Fm9$, B_b7sus4 , and E_b . The piano accompaniment concludes the piece with a final chord and a fermata over the last measure.

Since God Is All There Is

With joy (♩ = c. 138)

Words and Music by Jeanne Loehnis

Flute

The musical score for the Flute part consists of five staves. The first staff is labeled 'Flute' and includes a treble clef, a key signature of two flats (B-flat and E-flat), and a 3/4 time signature. The first three measures of the first staff contain whole rests. The melody begins in the fourth measure with a dotted quarter note on G4, followed by eighth notes on A4, B-flat4, and A4. The second staff, labeled 'F', continues the melody with a dotted quarter note on G4, a whole rest, and then eighth notes on A4, B-flat4, and A4. The third staff, also labeled 'F', features eighth notes on G4, A4, B-flat4, and A4, followed by a quarter rest. The fourth staff, labeled 'F', continues with eighth notes on G4, A4, B-flat4, and A4, then a quarter note on G4, and finally a quarter rest. The fifth staff, labeled 'F', features a series of eighth notes on G4, A4, B-flat4, and A4, followed by a quarter note on G4 and a quarter rest. The piece concludes with a double bar line.

As God

Gently, as a prayer (♩ = c. 96)

Words and Music by Jeanne Loehnis

C Am7 Gadd9 C Am F G

As God, as God.

1. As the breath, as the breath!
2. As the heart, as the heart!
3. As the hands, as the hands!
4. As the voice, as the voice!
5. As the feet, as the feet!

1. As the breath of God my life flows. As the
2. As the heart of God I love you. As the
3. As the hands of God I hold you. As the
4. As the voice of God I teach you. As the
5. As the feet of God I lead you. As the

As God - page 2

Am Am7 Dm/F G G#dim Am7 FM7

As God, as God. As God,

As the breath, as the breath! As the breath, I reach out
As the heart, as the heart! As the heart, I reach out
As the hands, as the hands! As the hands, I reach out
As the voice, as the voice! As the voice, I reach out
As the feet, as the feet! As the feet, I reach out

breath of God my life flows. As the breath of God I
heart of God I love you. As the heart of God I
hands of God I hold you. As the hands of God I
voice of God I teach you. As the voice of God I
feet of God I lead you. As the feet of God I

As God - page 3

Dm	G	1, 2, 3, 4 C FM7/A	Last time C
----	---	-----------------------	----------------

as God. God.

to you!
to you!
to you!
to you!
to you!

reach out to you.
reach out to you.
reach out to you.
reach out to you.
reach out to you.

	1, 2, 3, 4	Last time
--	------------	-----------

I Delight In This Sacred Sabbath Rest

Playfully but Gently (♩ = c. 96)

Words and Music by Jeanne Loehnis

The musical score is written in 4/4 time with a key signature of two flats (B-flat and E-flat). It consists of three systems, each with a vocal line and a piano accompaniment. The piano accompaniment features a steady eighth-note bass line in the left hand and chords in the right hand. The vocal line includes lyrics and is accompanied by a guitar-like melody in the right hand.

System 1: Chords: Cm, Cm, Fm7, Cm, Fm. Lyrics: I de - light now in peace and gen-tle-

System 2: Chords: Cm, AbM7, Fm11, G. Lyrics: ness. I de - light as I feel Your sweet car - ess. I de -

System 3: Chords: Cm, Fm, Cm, AbM7, Fm7, Bb. Lyrics: light while en-fol-ded in Your nest. I de - light in this sa-cred Sab-bath

I Delight In This Sacred Sabbath Rest - page 2

Cm Last time Cm

rest. I de rest. - I de -

Last time

Detailed description: This system contains two staves. The top staff is a vocal line in C minor, starting with a whole rest, followed by a quarter note 'I', a quarter note 'de', a repeat sign, a quarter note 'rest.', a dash, and a quarter note 'I de -'. The bottom staff is a piano accompaniment with a treble and bass clef. The treble clef has a whole chord Cm. The bass clef has a rhythmic pattern of eighth notes. A repeat sign is present in both staves. A second measure is labeled 'Last time' and shows a different piano accompaniment.

rit. AbM7 Fm6/Ab Gm7 Cm

light in this sa - cred Sab - bath rest.

rit.

Detailed description: This system contains two staves. The top staff is a vocal line with a *rit.* marking. It starts with a whole note 'light', followed by quarter notes 'in', 'this', 'sa - cred', 'Sab - bath', and a whole note 'rest.'. The bottom staff is a piano accompaniment with a treble and bass clef. The treble clef has chords AbM7, Fm6/Ab, Gm7, and Cm. The bass clef has a simple harmonic accompaniment. A *rit.* marking is also present at the beginning of the piano part. The system ends with a double bar line.

I Am A Channel

Lightly (♩ = c. 88)

Words and Music by Jeanne Loehnis

C C/E Fsus2 Dm7

I am a chan - nel for God's good on the Earth.

C/G Am Dm G

I am a chan - nel for God's good.

C C7 Fsus2/A Fm/A♭

I am a chan - nel and all good flows through me!

I Am A Channel - page 2

C/G G13 C F G

I am a chan - nel for God's good.

This system contains the first five measures of the piece. The vocal line is in treble clef with a key signature of one flat and a 3/4 time signature. The lyrics are: "I am a chan - nel for God's good." The piano accompaniment consists of two staves (treble and bass clef). The first measure has a C/G chord, the second a G13 chord, and the last three measures have C, F, and G chords respectively. A slur covers the final two notes of the vocal line.

Last time
C

good!

Last time

This system contains the final two measures of the piece. The vocal line starts with a whole note C4 and the lyric "good!". The piano accompaniment features a C major chord in the right hand and a single C4 note in the left hand. The second measure has a C major chord in the right hand and a C4 note in the left hand. The system concludes with repeat signs in both staves.

In This Blessed Moment

Solemnly (♩ = c. 64)

Words and Music by Jeanne Loehnis

Cm Fm A^b Gm7 Cm

In this bles-sed mo-ment let your eyes meet mine.
In this bles-sed mo-ment let your soul touch mine.

The first system of music features a vocal line and piano accompaniment. The vocal line is in 4/4 time, starting with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, and a final half note G5. The piano accompaniment consists of a right hand with chords and a left hand with a simple bass line.

5 Cm Fm A^bM7 Gm *rit.* Fm Ddim

In this mo-ment know the love that binds all space and time.
In this mo-ment join with me and know sweet Love Di-vine.

The second system of music continues the vocal line and piano accompaniment. The vocal line starts with a half note G4, followed by quarter notes A4, B4, C5, D5, E5, and a final half note G5. The piano accompaniment includes a right hand with chords and a left hand with a simple bass line. The system concludes with a *rit.* (ritardando) marking.

In This Blessed Moment - page 2

a tempo

9 Cm/E^b Fm Bdim Cm Fm Ddim Gm7(sus4)

Vocal melody for measures 9-12. The notes are: G4, A4, B4, C5, D5, E5, D5, C5, B4, A4, G4, F4, E4, D4, C4.

As our hearts two lives con-nect 'tis our souls that do di-rect us
As our souls with - in u - nite we are blessed with Spi - rit's sight

a tempo

Piano accompaniment for measures 9-12. The right hand plays chords and moving lines, while the left hand provides a steady bass line.

13 A^bM7 Fm Gm Cm

Vocal melody for measures 13-15. The notes are: G4, A4, B4, C5, D5, E5, D5, C5, B4, A4, G4, F4, E4, D4, C4.

in this bles - sed mo - ment now.
in this bles - sed mo - ment now.

Piano accompaniment for measures 13-15. The right hand plays chords and moving lines, while the left hand provides a steady bass line.

16 Fm Gm Final ending Fm Gm7 Cm

Vocal melody for measures 16-18. The notes are: G4, A4, B4, C5, D5, E5, D5, C5, B4, A4, G4, F4, E4, D4, C4.

Piano accompaniment for measures 16-18. The right hand plays chords and moving lines, while the left hand provides a steady bass line. The piece ends with a final chord in C minor.

Power In My Thought

With energy and drive (*) (♩ = c. 120)

Words and Music by Jeanne Loehnis

Em D C Bm

1 There is po-wer in my thought. Po-wer fills each thought with - in my mind.

2 po-wer in my thought. There is po - wer in my thought. There is

3

4 (mind!) Po - wer. Po-wer.

5 Po-wer. Po-wer.

Em D C B

1 It's with

2 po - wer in my thought. There is po - wer in my thought. There is

3 Po - wer fills each thought I hold in mind!

4 Po - wer. Po - wer fills each thought with - in my mind!

5 Po - wer in each thought in mind!

Power In My Thought - page 2

Em D C Bm

1
care that I choose the thoughts that I re - tain as mine.

2
po - wer in my thought. There is po - wer in my thought. There is

3

4
Po - wer. Po - wer.

5
Po - wer. Po - wer.

Em D C B

1
repeat as often as desired, then fade

2
po - wer in my thought. There is po - wer in my thought. There is

3
Po - wer fills each thought I hold in mind!

4
Po - wer. Po - wer fills each thought with - in my mind!

5
Po - wer in each thought in mind!

(*) Add hand drums for rhythm. Bring parts in gradually. Experiment with order. One suggestion: 1,3,5,4,2. If guitar or keyboard used, improvise around Em triad with suggested bass line: E D C B or use chords listed.

Power In My Word

With energy and drive (*) (♩ = c. 120)

Words and Music by Jeanne Loehnis

Em D C Bm

1 There is po-wer in my word. Po-wer fills each word I choose to say!

2 po-wer in my word. There is po - wer in my word. There is

3

4 (day!) Po-wer. Po - wer.

5

Em D C B

1 Po - wer in each word I say! It's with

2 po - wer in my word. There is po - wer in my word. There is

3 Po - wer fills each word I say to - day!

4 Po - wer. Po - wer fills each word I say to - day!

5 Po - wer in each word I say!

Power In My Word - page 2

Em D C Bm

1
care that I choose the words that I re - lease to - day.

2
po - wer in my word. There is po - wer in my word. There is

3

4
Po - wer. Po - wer.

5
Po - wer. Po - wer.

repeat as often as desired, then fade

Em D C B

1
There is

2
po - wer in my word. There is po - wer in my word. There is

3
Po - wer fills each word I say to - day!

4
Po - wer. Po - wer fills each word I say to - day!

5
Po - wer in each word I say!

(*) Add hand drums for rhythm. Bring parts in gradually. Experiment with order. One suggestion: 1,3,5,4,2. If guitar or keyboard used, improvise around Dm triad with suggested bass line: E D C B or use chords listed.



Songs For Your Spirit

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www.SongsForYourSpirit.com

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Songs For Your Spirit

Songs to nourish the soul that everyone in your congregation can sing!

Jeanne Loehnis

singer/songwriter

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Volume 3



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- Simple harmonies that are easily embellished by the improvisation artist
- Lead sheets in guitar-friendly keys
- A suggested use index to guide selection based on your need for a congregation, group, or solo piece
- Recordings, piano karaoke tracks, lyric text for projection

It is my hope that this music is both meaningful and easy to use. Your comments and suggestions are welcome! You will find contact information on page two for primary contributors. Please check out:

www.SongsForYourSpirit.com

for links to spiritual music from many other talented and beautiful people!

Blessings, my friends!
Jeanne

Special thanks ...

to some very special friends who encourage,
spread wonderful rumors about this music,
lift me up when I feel down;

and to my husband, Jamie, who believes in me,
gifts me with time and space to do this work,
and loves me.

Chants

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Sacred Sabbath Time

Flowing, as a prayer (♩ = c. 72)
Capo 3

Words and Music by Jeanne Loehnis

Am Am/E Am7

Sa - cred rest is mine when with pure heart and

Sa - cred rest is mine.

Sa - cred rest is mine.

Verses (*)

May you o - pen
In the still - ness
Rest in si - lence.
True con - nec - tion.
With in - ten - tion

(*) Verses are optional and should only be sung by the leader once the group is fully confident with the chant.

Sacred Sabbath Time - page 2

Am/E Am7 FM7

mind I sur - ren - der free - ly to sweet

Sa - cred rest is mine. Sa - cred rest in

Sa - cred rest is mine. Sa - cred

V

to the Spi - rit in your
know sweet peace and sa - cred
Lis - ten on - ly to the
You are one with Spi - rit
cel - e - brate and nour - ish

Dm9 Em Am Em Last time Am

Sab - bath time. Sab - bath time. Sab - bath time.

Sab - bath time. Sab - bath time. Sab - bath time.

Sab - bath time. Sab - bath time. Sab - bath time.

V

soul.
bliss.
still small voice with - in.
dwell - ling in your soul.
in - ner Sab - bath joy.

Am I Willing?

Flowing (♩ = c. 128)

Words and Music by Jeanne Loehnis

Capo 3

Arr. Jeanne Loehnis

The musical score is written in treble clef with a 3/4 time signature. It consists of four staves of music. The first staff has a key signature of one flat (Bb) and a tempo of approximately 128 beats per minute. The lyrics are: "Am I wil - ling to be who I am?". The second staff continues the lyrics: "Am I wil - ling to be the I AM?". The third staff continues: "Am I wil - ling to let Love in?". The fourth staff concludes with: "Am I wil - ling? I AM!". Chords are indicated above the notes: C, Dm, Em, FM7, C/G, Am, F, G, Am7, Em, FM7, G6, Am7, G#dim, Csus2, C.

Breath Of Life

Gently (♩. = c. 44)
Capo 3

Words and Music by Jeanne Loehnis

The musical score is written in treble clef with a 3/4 time signature. It consists of two staves. The first staff contains the first line of lyrics: "Breath of life flow - ing free - ly". The second staff contains the second line of lyrics: "fill me now!". Chord symbols are placed above the notes: Am, Dm, Bm7(b5) on the first staff; Am/E, E, Am on the second staff. A slur connects the notes for "now!" across two measures.

Am Dm Bm7(b5)

Breath of life flow - ing free - ly

Am/E E Am

fill me now!

Gift Of Life

Lightly (♩ = c. 108)

Words and Music by Jeanne Loehnis

The musical score is written in 4/4 time with a tempo of approximately 108 beats per minute. It consists of three staves of music. The first staff begins with a treble clef and a repeat sign. The lyrics are: "Gift of Life I am Yours. Gift of Life". The second staff continues the melody with lyrics: "op - n'ing doors. Liv - ing free I make my world.". The third staff concludes with lyrics: "I'm a - live and life is good!". Chords are indicated above the notes: C, Am, FM7add9, G, G7, C, Gsus4/B, Am7, Em7, Dm7, G11, and C (repeat as desired).

Healing Chant

Calmly (♩ = c. 110)

Words and Music by Jeanne Loehnis

Capo 3

Am Am/G Bm7(b5)/F E FM7

Melody

Deep - ly I breathe, free - ly re - ceive. Heal - ing love

Harmony

(ritard last time only)

Am/E Bm7(b5) Am Last time Am

M

flows, whole - ness re - stored. stored.

H

(*) Begin with melody only; add harmony during repeats. Last time, slow into final ending. Optionally end on an A major triad.

My Spirit Free

Freely (♩ = c. 112)

Words and Music by Jeanne Loehnis

The musical score is written in treble clef with a key signature of one sharp (F#) and a 3/4 time signature. It consists of three staves of music. The first staff begins with a repeat sign and contains the lyrics: "Wings just like a but-ter-fly lift my spi - rit to the sky!". Above the notes are the chords G, Bm, Am, and D. The second staff continues the melody with the lyrics: "I now soar; as Love I see. Fly - ing high, my spi - rit free." Above the notes are the chords Em7, CM7, D, and G. The third staff is a final ending, starting with a repeat sign and ending with a double bar line. Above the notes are the chords Gsus2, Gsus4, G, Gsus4, and G. The word "Last time" is written above the final G chord.

(*). Repeat as often as desired.

Open and Free

Driving (♩ = c. 110)
Capo 3

Words and Music by Jeanne Loehnis

The musical score is written in 4/4 time with a treble clef and a key signature of one flat (F major). It consists of three staves of music. The first staff contains the first line of the song, with lyrics 'O - pen to life. O - pen to change. O - pen and free to know the'. The second staff continues with 'love of God! O - pen to life. O - pen to change.'. The third staff concludes with 'O - pen I clear - ly see the hand of God!'. Chord symbols are placed above the notes: Am, F, Am/E, FM7, Bdim/D, E, Am, F, Am/E, FM7, E, Am.

Am F Am/E FM7
O - pen to life. O - pen to change. O - pen and free to know the

Bdim/D E Am F
love of God! O - pen to life. O - pen to change.

Am/E FM7 E Am
O - pen I clear - ly see the hand of God!

Since God Is All There Is

With joy (♩ = c. 138)
Capo 3

Words and Music by Jeanne Loehnis

The musical score is written in treble clef with a 3/4 time signature. It consists of five staves of music. The lyrics are written below the notes. Chords are indicated above the staff lines. The lyrics are: "Since God is all there is. Since God is all there is... can't you see? God is you! God is me! We are one. We are God. God is we! Since God is all there is." The chords are: C, G11, C, Am, Am7, F6, G, C, Em/B, Am7, C/G, Dm, Dm7/C, Bdim7, G7, Fm9, G7sus4, C.

C G11 C
Since God is all there is. Since

Am Am7 F6 G
God is all there is... can't you

C Em/B Am7 C/G
see? God is you! God is me! We are

Dm Dm7/C Bdim7 G7
one. We are God. God is we! Since

Fm9 G7sus4 C
God is all there is.

Since God Is All There Is

With joy (♩ = c. 138)

Words and Music by Jeanne Loehnis

The musical score consists of six staves. The first staff is labeled 'Flute' and begins with a treble clef, a key signature of two flats (B-flat and E-flat), and a 3/4 time signature. It contains a melodic line with a dotted quarter note followed by eighth notes. The remaining five staves are each labeled 'F' and contain similar melodic lines, some with dynamics like 'p' (piano) and 'f' (forte). The music concludes with a double bar line on the sixth staff.

As God - page 2

Am Am7 Dm/F G G#dim Am7 FM7

As God, as God. As God,

As the breath, as the breath! As the breath, I reach out
 As the heart, as the heart! As the heart, I reach out
 As the hands, as the hands! As the hands, I reach out
 As the voice, as the voice! As the voice, I reach out
 As the feet, as the feet! As the feet, I reach out

breath of God my life flows. As the breath of God I
 heart of God I love you. As the heart of God I
 hands of God I hold you. As the hands of God I
 voice of God I teach you. As the voice of God I
 feet of God I lead you. As the feet of God I

Dm G 1, 2, 3, 4 C FM7/A Last time C

as God. God.

to you!
 to you!
 to you!
 to you!
 to you!

reach out to you.
 reach out to you.
 reach out to you.
 reach out to you.
 reach out to you.

I Delight In This Sacred Sabbath Rest

Playfully but Gently (♩ = c. 96)
Capo 3

Words and Music by Jeanne Loehnis

The musical score is written in 4/4 time with a key signature of one flat (B-flat). It consists of four staves of music. The first staff begins with a treble clef and a 4/4 time signature. Above the staff are the chords Am, Am, Dm7, Am, Dm, and Am. The melody starts with a whole rest, followed by a quarter rest, then a quarter note G4, a quarter note A4, a quarter note Bb4, a quarter note C5, a quarter note Bb4, a quarter note A4, a quarter note G4, and a quarter note F4. The lyrics "I de - light now in peace and gen-tle - ness. I de-" are written below the notes. The second staff continues the melody with a quarter note E4, a quarter note D4, a quarter note C4, a quarter note B3, a quarter note A3, a quarter note G3, a quarter note F3, and a quarter note E3. The lyrics "light as I feel Your sweet car - ess. I de - light while en-fol-ded in Your" are written below. The third staff starts with a quarter note D3, a quarter note C3, a quarter note B2, a quarter note A2, a quarter note G2, a quarter note F2, a quarter note E2, and a quarter note D2. The lyrics "nest. I de - light in this sa - cred Sab - bath rest. I de -" are written below. The fourth staff begins with a box labeled "Last time" above it. The melody starts with a quarter note D2, a quarter note C2, a quarter note B1, a quarter note A1, a quarter note G1, a quarter note F1, a quarter note E1, and a quarter note D1. The lyrics "rest. I de - light in this sa - cred Sab - bath rest." are written below. Above the staff are the chords Am, FM7, Dm6/F, Em7, and Am. The word "rit." is written above the Dm6/F chord. The score ends with a double bar line and repeat dots.

I Am A Channel

Lightly (♩ = c. 88)

Words and Music by Jeanne Loehnis

C C/E Fsus2 Dm7

I am a chan - nel for God's good on the Earth.

C/G Am Dm G

I am a chan - nel for God's good.

C C7 Fsus2/A Fm/A♭

I am a chan - nel and all good flows through me!

C/G G13 C F G Last time C

I am a chan - nel for God's good. good!

In This Blessed Moment

Solemnly (♩ = c. 64)
Capo 3

Words and Music by Jeanne Loehnis

Am Dm F Em7 Am

In this bles - sed mo - ment let your eyes meet mine.
 In this bles - sed mo - ment let your soul touch mine.

5 Am Dm FM7 Em *rit.* Dm Bdim

In this mo - ment know the love that binds all space and time.
 In this mo - ment join with me and know sweet Love Di - vine.

a tempo
 9 Am/C Dm G#dim Am Dm Bdim Em7(sus4)

As our hearts two lives con - nect 'tis our souls that do di - rect us
 As our souls with - in u - nite we are blessed with Spi - rit's sight

13 FM7 Dm Em Am

in this bles - sed mo - ment now.
 in this bles - sed mo - ment now.

16 Dm Em Final ending Dm Em7 Am

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Power In My Thought

With energy and drive (*) (♩ = c. 120)

Words and Music by Jeanne Loehnis

Em D C Bm

1 There is po-wer in my thought. Po-wer fills each thought with - in my mind.

2 po-wer in my thought. There is po - wer in my thought. There is

3

4 (mind!) Po - wer. Po-wer.

5 Po-wer. Po-wer.

Em D C B

1 It's with

2 po - wer in my thought. There is po - wer in my thought. There is

3 Po - wer fills each thought I hold in mind!

4 Po - wer. Po - wer fills each thought with - in my mind!

5 Po - wer in each thought in mind!

Power In My Thought - page 2

Em D C Bm

1
care that I choose the thoughts that I re - tain as mine.

2
po - wer in my thought. There is po - wer in my thought. There is

3

4
Po - wer. Po - wer.

5
Po - wer. Po - wer.

Em D C B *repeat as often as desired, then fade*

1
po - wer in my thought. There is po - wer in my thought. There is

2
po - wer in my thought. There is po - wer in my thought. There is

3
Po - wer fills each thought I hold in mind!

4
Po - wer. Po - wer fills each thought with - in my mind!

5
Po - wer in each thought in mind!

(*) Add hand drums for rhythm. Bring parts in gradually. Experiment with order. One suggestion: 1,3,5,4,2. If guitar or keyboard used, improvise around Em triad with suggested bass line: E D C B or use chords listed.

Power In My Word

With energy and drive (*) (♩ = c. 120)

Words and Music by Jeanne Loehnis

Em D C Bm

1 There is po-wer in my word. Po-wer fills each word I choose to say!

2 po-wer in my word. There is po-wer in my word. There is

3

4 (day!) Po-wer. Po-wer.

5 Po-wer. Po-wer.

Em D C B

1 It's with

2 po-wer in my word. There is po-wer in my word. There is

3 Po-wer fills each word I say to-day!

4 Po-wer. Po-wer fills each word I say to-day!

5 Po-wer in each word I say!

Power In My Word - page 2

Em D C Bm

1
care that I choose the words that I re - lease to - day.

2
po - wer in my word. There is po - wer in my word. There is

3

4
Po - wer. Po - wer.

5
Po - wer. Po - wer.

repeat as often as desired, then fade

Em D C B

1
There is

2
po - wer in my word. There is po - wer in my word. There is

3
Po - wer fills each word I say to - day!

4
Po - wer. Po - wer fills each word I say to - day!

5
Po - wer in each word I say!

(*) Add hand drums for rhythm. Bring parts in gradually. Experiment with order. One suggestion: 1,3,5,4,2. If guitar or keyboard used, improvise around Dm triad with suggested bass line: E D C B or use chords listed.



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