

SONGS FOR UNITY

BOOK III OF III
GUITAR VERSION

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Welcome friends!

*My sincere wish is that you find in these pages
messages which nurture your heart and soul and music
which makes it easy to proclaim them!*

*Music is the voice of Spirit! May you be that voice
today.*

*In Spirit, in Joy,
Jeanne*

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Always And Ever

Gently (♩ = c. 118)
Capo 4

Words and Music by Jeanne Loehnis

C C/E G/D G7

Al - ways and ev - er I'll walk with You wheth - er - -
Al - ways and ev - er I'll walk right be - side You a -
Spi - rit as part - ner, to - geth - er as one now,

C Em Dm/F G

I'm near or far a - way.
ware of Your gui - ding hand.
we have much work to do.

C C/E Dm G

I feel You, Spi - rit, - - - hold - ing me gen - tly. And
Walk - ing with You now, each step to - geth - er, we'll
I share with oth - ers the love I've been giv - en and

F/A Dm G 1, 2
G7 *Final ending* G7 C

I'm safe in Your care this day.
trav - el a - cross all the land. *(to bridge after verse 2)*
all now are drawn close to You! *(to final ending)*

Bridge

Am Em Dm G

Al - ways and ev - er we'll be to - geth - er.

Am Am7/G Dm7/F G

Al - ways and ev - er, al - ways to - geth - er! *(to verse 3)*

Am I Willing?

Flowing (♩ = c. 128)

Capo 3

Words and Music by Jeanne Loehnis

Arr. Jeanne Loehnis

The musical score is written in treble clef with a 3/4 time signature. It consists of four staves of music. The lyrics are written below the notes. Chord symbols are placed above the staff lines. The first staff has chords C, Dm, Em, and FM7. The second staff has C/G, Am, F, and G. The third staff has Am7, Em, FM7, and G6. The fourth staff has Am7, G#dim, Csus2, and C. A double bar line is placed between the G#dim and Csus2 chords. The lyrics are: "Am I wil - ling to be who I am? I wil - ling to be the I AM? I wil - ling to let Love in? I wil - ling? I AM!"

C Dm Em FM7
Am I wil - ling to be who I am?

C/G Am F G
Am I wil - ling to be the I AM?

Am7 Em FM7 G6
Am I wil - ling to let Love in?

Am7 G#dim Csus2 C
Am I wil - ling? I AM!

As God

Gently, as a prayer (♩ = c. 96)

Words and Music by Jeanne Loehnis

C Am7 G11 C Am F G

As God, as God.

1. As the breath, as the breath!
2. As the heart, as the heart!
3. As the hands, as the hands!
4. As the voice, as the voice!
5. As the feet, as the feet!

1. As the breath of God my life flows. As the
2. As the heart of God I love you. As the
3. As the hands of God I hold you. As the
4. As the voice of God I teach you. As the
5. As the feet of God I lead you. As the

As God - page 2

Am Am7 Dm/F G G#dim Am7 FM7

As God, as God. As God,

As the breath, as the breath! As the breath, I reach out
 As the heart, as the heart! As the heart, I reach out
 As the hands, as the hands! As the hands, I reach out
 As the voice, as the voice! As the voice, I reach out
 As the feet, as the feet! As the feet, I reach out

breath of God my life flows. As the breath of God I
 heart of God I love you. As the heart of God I
 hands of God I hold you. As the hands of God I
 voice of God I teach you. As the voice of God I
 feet of God I lead you. As the feet of God I

Dm G 1, 2, 3, 4 C FM7/A Last time C

as God. God.

to you!
 to you!
 to you!
 to you!
 to you!

reach out to you.
 reach out to you.
 reach out to you.
 reach out to you.
 reach out to you.

As I Wait For Christmas

With feeling (♩ = c. 110)

Words and Music by Jeanne Loehnis

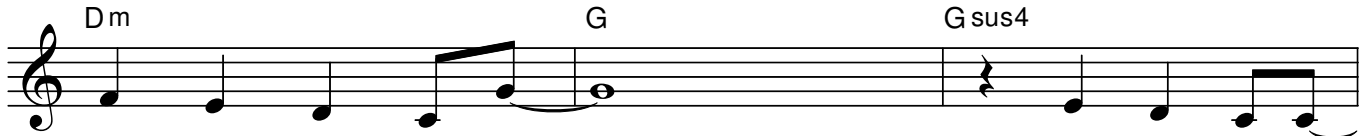
Capo 3_C



As I wait. for Christ - mas. I turn with - in and
 As I wait. for Christ - mas. I feel a sense of
 As I wait. for Christ - mas. a smile comes from with -
 As I wait. for Christ - mas. I look a - head and



find Peace be - yond. all know ing when
 awe. I'm no long - er sep - 'rate for
 in. Joy that's deep. and sa - cred has
 know the pur - pose of. life's jour - ney for



I but still my mind.. I turn with - in..
 Love has joined us all..
 filled me once a - gain!
 Hope has ta - ken hold!



I turn with - in..



I touch that place. with - in my. soul, that place of Love.



where I. am. whole, where Peace and Joy. have set me



free, where eyes of Hope. see e - ter - ni - ty..

Breath Of Life

Gently (♩. = c. 44)
Capo 3

Words and Music by Jeanne Loehnis

The musical score is written in treble clef with a 3/4 time signature. It consists of two staves. The first staff contains the first line of lyrics: "Breath of life flow - ing free - ly". The second staff contains the second line of lyrics: "fill me now!". Chord symbols are placed above the notes: Am, Dm, Bm7(b5) on the first staff; Am/E, E, Am on the second staff. A slur connects the notes for "now!" across two measures in the second staff.

Am Dm Bm7(b5)

Breath of life flow - ing free - ly

Am/E E Am

fill me now!

Every Day

Lightly (♩ = c. 112)

Words and Music by Jeanne Loehnis



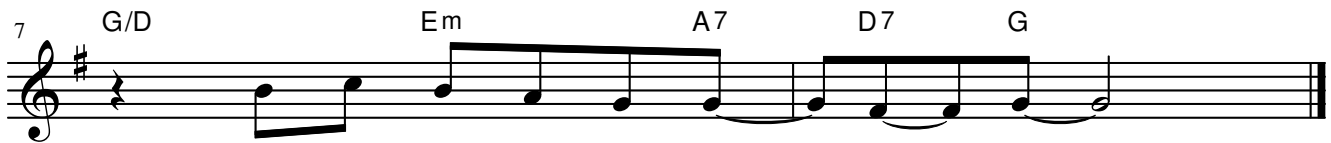
Ev - ery day is an - oth - er day to
Ev - ery day is an - oth - er day to
Ev - ery day is an - oth - er day to
Ev - ery day is an - oth - er day to
Ev - ery day is an - oth - er day to



wa - ken to all that I can be!
pause as nee - ded with God in prayer.
re - con - nect with all I've been taught.
choose with care just what I will do.
do what's next on this jour - ney mine!



Ev - ery day is an - oth - er day to
Ev - ery day is an - oth - er day to
Ev - ery day is an - oth - er day to
Ev - ery day is an - oth - er day to
Ev - ery day is an - oth - er day to



use the tal - ents God gave to me.
know that God's with me ev - ery - where.
live the mes - sage and walk the talk.
keep each prom - ise I make to you.
keep on liv - in' this life so fine!

Gift Of Life

Lightly (♩ = c. 108)

Words and Music by Jeanne Loehnis

The musical score is written in 4/4 time with a tempo of approximately 108 beats per minute. It consists of three staves of music. The first staff has a treble clef and a key signature of one flat (B-flat). The lyrics are: "Gift of Life I am Yours. Gift of Life". The second staff continues the melody with lyrics: "op - n'ing doors. Liv - ing free I make my world.". The third staff concludes with lyrics: "I'm a - live and life is good!". Chords are indicated above the notes: C, Am, Em, G, G7, C, Gsus4/B, Am7, Em7, Dm7, G11, and C (repeat as desired).

C Am Em
Gift of Life I am Yours. Gift of Life

G G7 C Gsus4/B Am7 Em7
op - n'ing doors. Liv - ing free I make my world.

Dm7 G11 C (repeat as desired)
I'm a - live and life is good!

Give In To The Power

Strong (♩ = c. 124)

Words and Music by Jeanne Loehnis

C Dm7 Gsus4 G

Verses (can be flexible)

C G Am7 Em

The sun it will rise.
And all that you are,

The rain it will fall.
and all you will be,

Dm7 C/E F G

The rain - bow will come again
all tal - ent with - in you,

like spring and like fall.
the world does now see.

C G Am7 Em

The seed pod will burst.
Yes life's flow - ing on

The flow - er will bloom up-on the tree.
with laugh - ter and joy to mark each day.

F C/E Dm7 G C C7

The fruit it will grow so sweet
And you know the path that's yours!

for you to eat.
For now you say:

Give In To The Power - page 2

Refrain

Give in to the pow - er! Trust it is done.
 I give in to the pow - er! I trust it is done.

Know all is Spi - rit. In God we are one.
 I know all is Spi - rit. In God we are one.

Give in to the know - ing that you're on your way-
 I give in to the know - ing that I'm on my way-

shar - ing ev - er grow - ing, liv - ing and ser - ving,
 shar - ing ev - er grow - ing, liv - ing and ser - ving,

your love is show - ing seeds of com - pas - sion.
 my love is show - ing seeds of com - pas - sion.

You're on your way!
 I'm on my way! You're on your way!

We're on our way! Give in to the po - wer!

Healing Chant

Calmly (♩ = c. 110)
Capo 3

Words and Music by Jeanne Loehnis

Am Am/G Bm7(b5)/F E FM7

Melody

Deep - ly I breathe, free - ly re - ceive. Heal - ing love

Harmony

(ritard last time only)

Am/E Bm7(b5) Am Last time Am

M

flows, whole - ness re - stored. stored.

H

(* Begin with melody only; add harmony during repeats. Last time, slow into final ending. Optionally end on an A major triad.

(* Alternate lyric: *Deeply I breath, freely receive. Healing love flows, wholeness I know.*

Holy, Holy, Holy!

by Jeanne Loehnis (*)

With reverence (♩ = c. 106)



1. In - ner Pre - sence, Great and Might - y, In - ner Light that shines di - vine - ly
2. In - ner Joy that smiles ser - ene - ly, In - ner Peace that flows so deep - ly,
3. In - ner Love that gives so free - ly, In - ner Truth that nev - er fails me,
4. In - ner Eye that sees so clear - ly, In - ner Ear that hears Him al - ways,
5. In - ner Good that binds me to Thee, In - ner God that Lives with - in me,
6. Ho - ly, Ho - ly, Ho - ly, Ho - ly! Ho - ly, Ho - ly, Ho - ly, Ho - ly!



- In - ner Life that lives com - plete - ly, Ho - ly, Ho - ly, Ho - ly!
 In - ner Calm, un - trou - bled, hap - py, Ho - ly, Ho - ly, Ho - ly!
 In - ner Power that holds se - cure - ly, Ho - ly, Ho - ly, Ho - ly!
 In - ner Voice that speaks su - preme - ly, Ho - ly, Ho - ly, Ho - ly!
 In - ner Life, Thy pre - sence on - ly, Ho - ly, Ho - ly, Ho - ly!
 Ho - ly, Ho - ly, Ho - ly, Ho - ly! Ho - ly, Ho - ly, Ho - ly!

(*) Lyrics adapted from Science of Mind, Chapter 22, Finding the Christ: The Indivisible Whole. Final verse is optional, or could be used as a refrain between every verse when verses are sung by a cantor. Another option is to let the cantor sing measures 1-2 then have the congregation repeat; measures 3-4, repeat; measures 5-6, repeat; then all together on measures 7-8, Holy, Holy, Holy.

I Am A Channel

Lightly (♩ = c. 88)

Words and Music by Jeanne Loehnis

The musical score is written in 4/4 time with a tempo of approximately 88 beats per minute. It consists of four staves of music, each with a line of lyrics underneath. Chords are indicated above the notes. The first staff has chords C, C/E, Fsus2, and Dm7. The second staff has C/G, Am, Dm, and G. The third staff has C, C7, Fsus2/A, and Fm/A♭. The fourth staff has C/G, G13, C, F, G, and a final section labeled 'Last time C'.

I am a chan - nel for God's good on the Earth.

I am a chan - nel for God's good.

I am a chan - nel and all good flows through me!

I am a chan - nel for God's good. good!

I Delight In This Sacred Sabbath Rest

Playfully but Gently (♩ = c. 96)

Words and Music by Jeanne Loehnis

Am Am Dm7 Am Dm Am

I Go Forth Today

Lightly (♩ = c. 118)

Words and Music by Jeanne Loehnis
arr. David Ezell

C Am Dm7 G




Love gives to me ev-ery - thing I need. I be-lieve, I be-lieve.

Dm7 G7 C Dm7 C




Love is the place that I choose to be. I re-ceive, I re-ceive.

Em G7



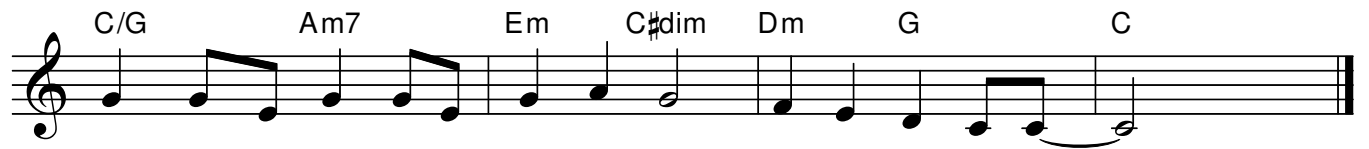
Now I go forth cen - tered in this strength.

F F#dim



I give in joy from this place of faith.

C/G Am7 Em C#dim Dm G C



Love guides me clear - ly a - long life's way. I go forth to - day.

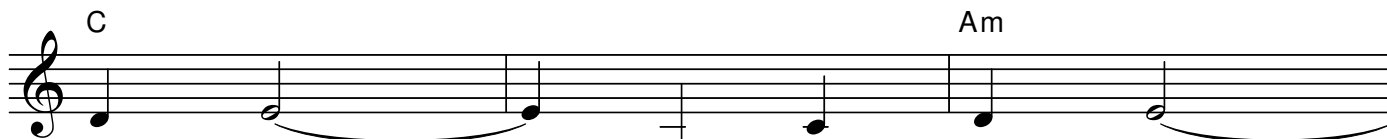
I Have Waited

Words and Music by Jeanne Loehnis

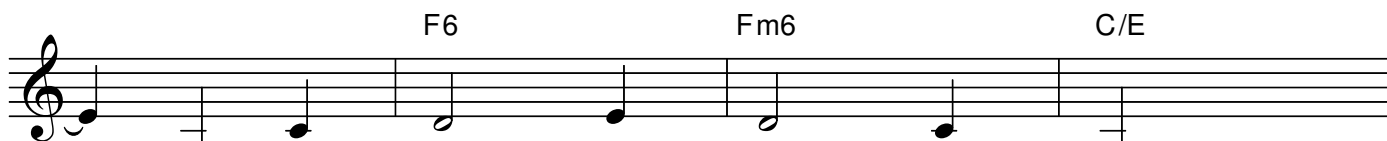
Flowing (♩ = c. 152)



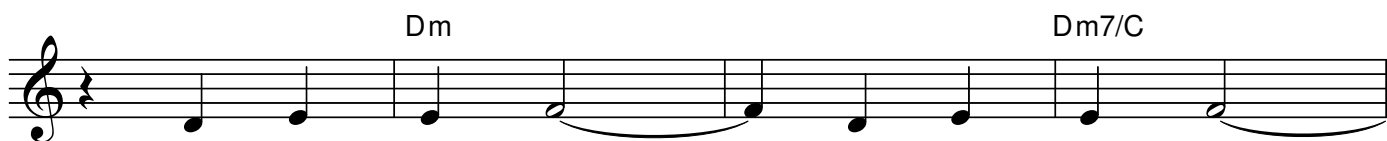
I have
I have
I have



wai - ted all my life - time
wai - ted all my life - time
wai - ted all my life - time



for a love to set me free.
for the grace to be made whole.
to see God's rich gifts in me.



I have wai - ted all my life - time
I have wai - ted all my life - time
I have wai - ted all my life - time



for the free - dom to be me.
to feel sweet - ness in my soul.
to be all that I can be!

I Have Waited - page 2

Chorus

F C/E

Now I'm com - mit - ted to the Spi - rit.
Now I'm com - mit - ted to the Spi - rit
Now I'm com - mit - ted to the jour - ney:

Dm G C

I have heard the voice in me.
and my soul has o - pened wide.
ev - ery step that's mine to take.

C/E F B7 Em7

Now I will lis - ten with my spi - rit.
Spi - rit with - in me such a bles - sing!
I let God's light shine let God's gifts grow!

A7 Dm G C

to Your voice which sets me free.
With sweet grace I now a - bide.
God and I now co - cre - ate!

I Stand In My Strength

Words and Music by Jeanne Loehnis
arr. David Ezell

Moderato (♩. = c. 96)

G G7 C C#dim7

G/D D7 G C G D7

G C7

I. stand in my strength.

G C7

I. stand in my strength..

G G7 C C#°7

I've found my voice.. It is my choice. to be

3rd Time to Coda
G/D D7 ⊕ G G7 C G

free stand-ing in my strength..

I Stand In My Strength - page 2

C Am Bm Em

I need not wait for you to show me the way.
I need not hide in the shadow of night. I

C D G G7

I stand in my strength to - day.. The
stand in the light of the day.. And

C D B7 Em

an - swers are mine. here deep in - side. So I
what's mine to share has al - ways been there! So I

F Am Am7 D7sus4 D7

stand in my strength to - day!
share from my strength to - day!

G G7 Coda C Em

strength. I stand in my strength. I

Am7 C#°7 G/D D7

stand in my strength. I'm free stand - ing in my

G G7 Last time G C G

strength.. I strength!

I Turn Within

With feeling (♩ = c. 110)

Capo 3

Words and Music by Jeanne Loehnis

Arr. Jeanne Loehnis

C Am F

In this ve - ry mo - ment. I turn with - in and
 In this ve - ry mo - ment. I feel a sense of
 In this ve - ry mo - ment. a smile comes from with -
 In this ve - ry mo - ment. I look a - head and

G F C/E

find Peace be - yond. all know ing when
 awe. I'm no long - er sep - 'rate for
 in. Joy that's deep. and sa - cred has
 know the pur - pose of. life's jour - ney for

Dm G Gsus4

I but still my mind.. I turn with - in..
 Love has joined us all..
 filled me once a - gain!
 Hope has ta - ken hold!

C Csus2 C Gsus4

I turn with - in..

G G/F Em F

I touch that place. with - in my. soul, that place of Love.

Dm C/E FM7

where I. am. whole,. where Peace and Joy. have set me

Dm G Csus4 Csus2 C

free, where eyes of Hope. see e - ter - ni - ty..

I'm Gonna Honor This Need

Playfully (♩ = c. 96)
Capo 3

Words and Music by Jeanne Loehnis
arr.

Em Am7 F Dm7 C/E FM7

Gsus4 C C Em

I'm gon - na hon - or this need with -
I'm gon - na tend to this flame with -

F G Am Fsus2

in my soul I'm gon - na hon - or this need that
in my soul. I'm gon - na feed it with love that

Dm G Em Am7

I might grow! I'm gon - na hon - or this need and
it will grow! I'm gon - na share this bright light and

F Dm7 C/E FM7

you will know I have hon - ored my need so my
all will know I have ten - ded my in - ner flame and my

Gsus4 C C Em

sto - ry goes. It goes on and on each and
sto - ry goes. It goes on and on each and

I'm Gonna Honor This Need - page 2

F G Am Fsus2

ev - ery day. It goes on and on when I'm at at
 ev - ery day. It goes on and on when I'm at

Dm G Em Am7

work and at play. It goes on and on and I
 work and at play. It goes on and on and I

F Dm7

dare to say I'm mo - vin'
 dare to say I've got a

C/E F7

First time
 Gsus4 C

on and on liv - in' Spi - rit's way.
 fire roar - ing in my heart liv - in'

Last time
 Gsus4 C C/E F7

Spi - rit's way. My in - ner flame's roar - ing bright - ly now liv - in'

Gsus4 C

Spi - rit's way.

In This Blessed Moment

Solemnly (♩ = c. 64)
Capo 3

Words and Music by Jeanne Loehnis

Am Dm F Em7 Am

In this bles - sed mo - ment let your eyes meet mine.
 In this bles - sed mo - ment let your soul touch mine.

5 Am Dm FM7 Em *rit.* Dm Bdim

In this mo - ment know the love that binds all space and time.
 In this mo - ment join with me and know sweet Love Di - vine.

a tempo
 9 Am/C Dm G#dim Am Dm Bdim Em7(sus4)

As our hearts two lives con - nect 'tis our souls that do di - rect us
 As our souls with - in u - nite we are blessed with Spi - rit's sight

13 FM7 Dm Em Am

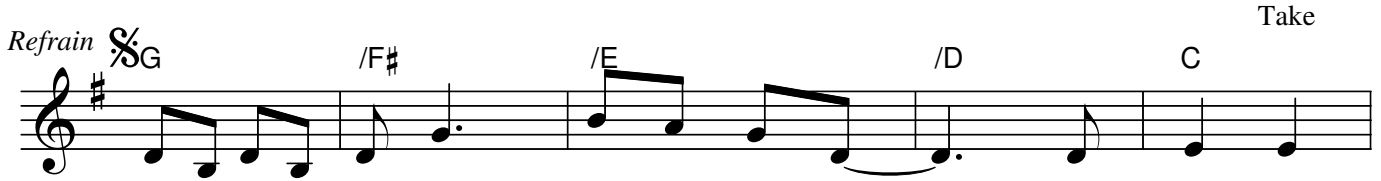
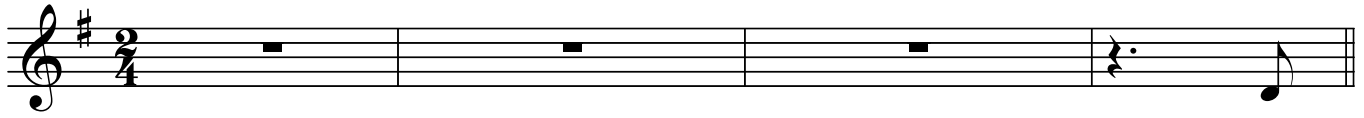
in this bles - sed mo - ment now.
 in this bles - sed mo - ment now.

16 Dm Em Final ending Dm Em7 Am

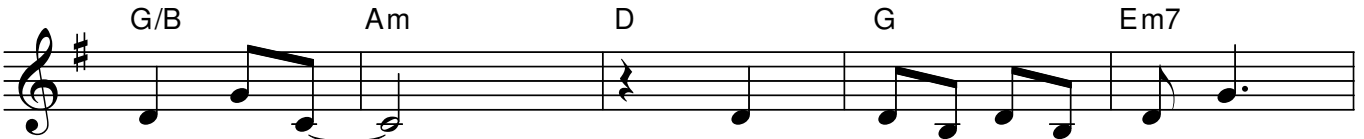
It Dwells Within

Lightly (♩ = c. 112)

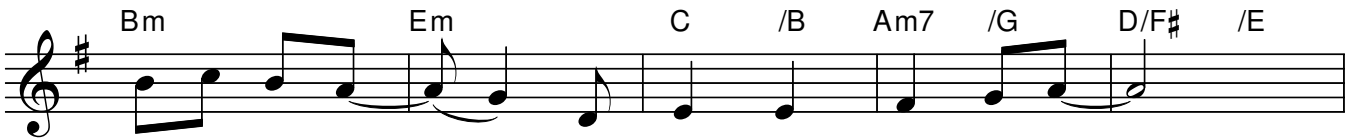
Words and Music by Jeanne Loehnis
arr.



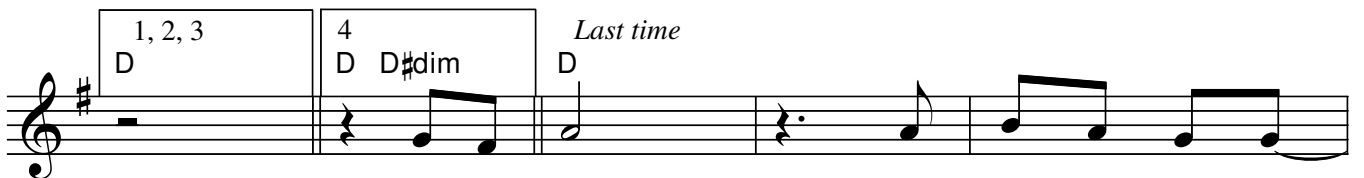
time to re-con - si - der all you've been taught. The Truth, it



dwells with - in. Come walk the sa - cred jour - ney



down to your soul. It's time now to be - gin!



Take that the jour - ney with - in!

Repeat and improvise on ending as desired

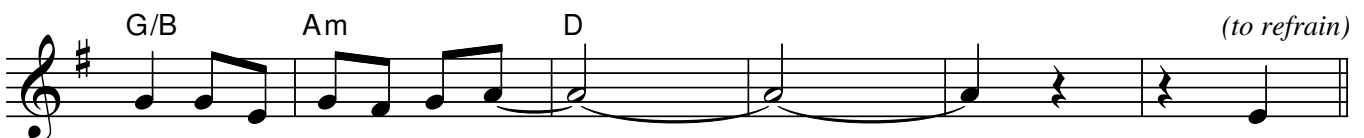


Verse 1

the jour - ney with - in!



Each life has a pur - pose. Each life has a plan. The jour - ney is u -




nique for each wo - man and man!

Take

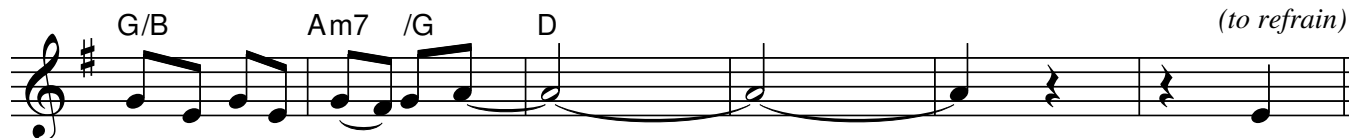
It Dwells Within - page 2

Verse 2



Em Bm C

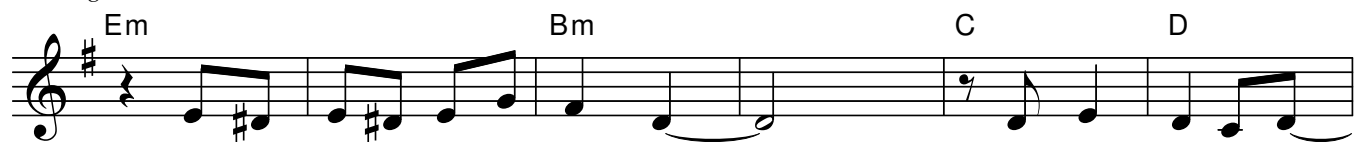
You've a spe-cial pur-pose: a job to be done. For eve-ry man and



G/B Am7 /G D (to refrain)

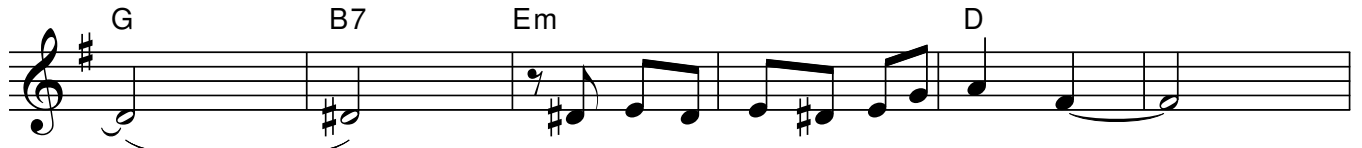
wo-man is the Ho - ly One! Take

Bridge 1




Em Bm C D

You need on - ly know the first step then reach out in faith.



G B7 Em D

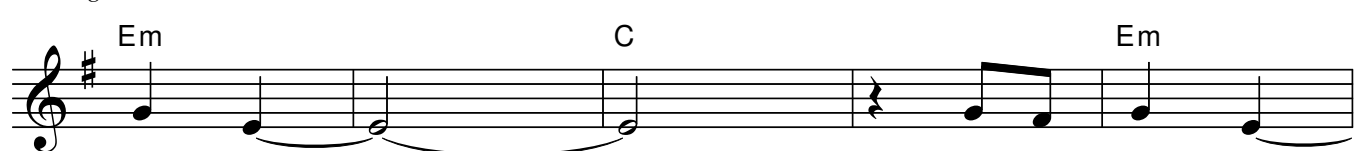
The long-est jour-ney has a first step...



C F D (to refrain)


each and ev - ery day! Take

Bridge 2




Em C Em

first step. Take that first step.



D Em

Take that first step.



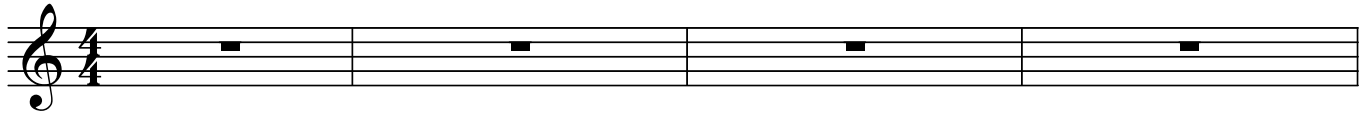
C Am7 F D (to refrain)

Be - gin! Take

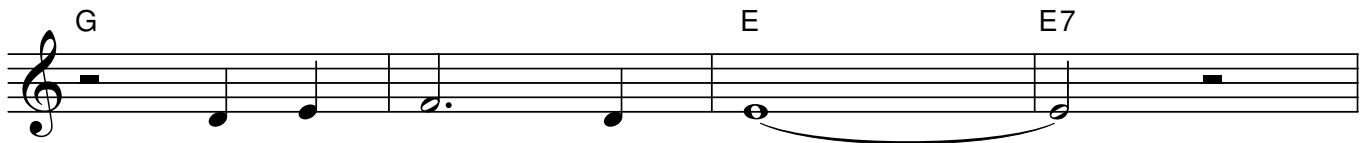
Light That Shines In Me

Lightly (♩ = c. 110)

Words and Music by Jeanne Loehnis
arr.



Light that shines in me
Love that lives in me
Hope that grows in me,
Joy ex - pressed as me,



make my eyes to see
may I set you free
prom - is - es I see.
life that's rich and free,



that which sets me free.
that the world might see
Al - ways gui - ding me:
all who know me see:



Light shine bright in me.
Your sweet Truth as me.
hope grow strong in me.
You're the joy in me.

Miracle of Life

Lightly (♩ = c. 110)

Words and Music by Jeanne Loehnis

Verse 1

arr.

C Am F C/G Am Em

Lis - ten to the birds sing - ing sweet - ly in the trees. Can you see the buds turn - ing

D G C C/B Am Em

in - to leaves? Mir - a - cle of life for all to see:

F C/G G11 C

Spring is bur - sting forth now for you and me!

Chorus

Am Em F C F C

Eve - ry - thing's a mir - a - cle! Eve - ry - thing's a mir - a - cle! Eve - ry - thing's a mir - a - cle!

D G Am Em F Em

Can't you see? Eve - ry - thing's a mir - a - cle! Eve - ry - thing's a mir - a - cle!

First ending (to verse 2)

F C/G G11 C

Eve - ry - thing's a mir - a - cle! Bles - sed be!

Final ending

F C/G G C

Eve - ry - thing's a mir - a - cle! Bles - sed be!

Miracle of Life - page 2

Verse 2

A musical staff in treble clef with a key signature of one flat (B-flat). The notes are: C4, D4, E4, F4, G4, A4, Bb4, C5, Bb4, A4, G4, F4, E4, D4, C4. Chords are indicated above the staff: C, Am7, F, C/G, Am, Em.

Can you hear the whis-per from the wings of birds in flight? Do you see the movement of each

A musical staff in treble clef with a key signature of one flat (B-flat). The notes are: C4, D4, E4, F4, G4, A4, Bb4, C5, Bb4, A4, G4, F4, E4, D4, C4. Chords are indicated above the staff: D, G, C, C/B, Am, Em.

branch so high? Does the fra-grant ce - dar fill you with de-light?

A musical staff in treble clef with a key signature of one flat (B-flat). The notes are: C4, D4, E4, F4, G4, A4, Bb4, C5, Bb4, A4, G4, F4, E4, D4, C4. Chords are indicated above the staff: F, C/G, G11, C.

Wa - ken all your sen - ses child of earth and sky!

Mommy, Can We Run Through The Rain?

Freely (♩ = c. 112)

Words and Music by Jeanne Loehnis

Capo 5 (or wherever comfortable for singer)

arr.

Verse 1

F FM7 Dm F/C Gm F/A

"Mom-my, can we run through the pour-ing rain?" My lit-tle girl asked with a

Bb6 C F Am Dm Dm7

smile. "Let's wait a few more mo-ments, let it slow down." So we

BbM7 C13 F D Verse 2 G GM7

wai-ting a short lit-tle while. "Mom-my can we run through the

Em G/D C6 G/B Am D

rain?" she asked. "Hon-ey, we'll get wet if we do. "But

G Bm Em Em7 CM7 D13

that's not what you said when Dad-dy asked - a-bout his can-cer, and me, and you."

G D G D Em G/D C

You said, "God will take care of us. We'll be just fine.

Am G/B C G/B

And I know what you said is true 'cause

Mommy, Can We Run Through The Rain? - page 2

Am Am7 D Verse 3 G GM7

Mom-mies nev - er lie." My heart skipped a beat and I

Em G/D C6 3 G/B Am D

turned with - in for gui - dance I knew would be true.

G Bm Em Em7

"Hon - ey, you're so right, we'll let God de - cide if we need

CM7 D13 G D

wash - ing to - day - rain will do!" Do you

Refrain

G D Em G/D C

run in the rain, let your plans get wet? And

Am G/B C G/B Am

do you bend when Spi - rit calls and trust Spi-rit's net?

D G D Em G/D C

Do you live in the mo - ment and seize ev - ery chance

Am G/B C G/B

to be one with the bles - sings of

Mommy, Can We Run Through The Rain? - page 3

Am D 1, 2
G Last time to Coda
G

sweet Spi - rit's dance?

to verse 4
to verse 5

When

Will you

And

Verse 4

G GM7 Em G/D

Moth - er Na - ture shows her col - ors true, do you

Am G/B C6 D G Bm

stop, look a-round and just gaze? Ac - cept the mir - a - cle God is

Em Em7 CM7 D13 G D *to refrain*

giv - ing to you, or stay fo - cused on work that pays? Do you

Verse 5

G GM7 Em G/D

when a friend stops by un - ex - pec - ted - ly are you

Am G/B C6 D G Bm

read - y to lend her an ear? Or are you more in - clined just to

Em Em7 CM7 D13 G D *to refrain*

state your case that you are bus - y with no time to spare? Do you

Mommy, Can We Run Through The Rain? - page 4

Coda

run in the rain with me, let your plans get wet?

And will you bend when Spi - rit calls and

trust Spi - rit's net? Will you live in the mo -

ment, treat each one as new... and let your - self re-ceive

the bles - sings God has for you.

Morgan's Mighty Mystery

Lightly (♩ = c. 128)

Words and Music by Jeanne Loehnis



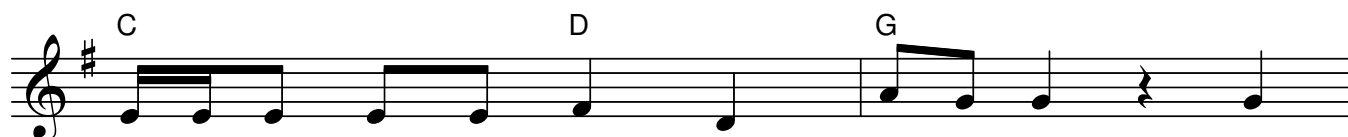
It's a man - i - a - cal men - a - ger - ie of Mor - gan's might - y mys - ter - y and



med - i - ta - tive mas - ter - y with mind bend - ing phil - os - o - phy! With



met - a - phy - si - cal in - tent we mod - el our mag - ni - fi - cence at



U - ni - ty Church of Chris - ti - an - i - ty! While
His
And



Myr - tle man - aged mir - a - cles her men - tal disc - i - pline re - vealed mo -
mes - sage makes a map for man. A - mu - sings mir - ror back the plan. The
lest we move toward mel - an - chol - y we make mem - o - ries so jol - ly:



men - tum mov - ing mor - tal souls from thoughts med - ie - val to their goals!
men's group mere - ly makes the meals And mas - ter mind's the next or - deal!
mu - sic, mel - o - dies are fol - ly! Hug - gings, mug - gings, "Oh, by golly!"

My Spirit Free

Freely (♩ = c. 112)

Words and Music by Jeanne Loehnis

The musical score is written in treble clef with a key signature of one sharp (F#) and a 3/4 time signature. It consists of three staves of music. The first staff contains the first line of the melody with lyrics: "Wings just like a but-ter-fly lift my spi - rit to the sky!". The second staff contains the second line of the melody with lyrics: "I now soar; as Love I see. Fly - ing high, my spi - rit free.". The third staff contains the final line of the melody with lyrics: "Last time". Chord symbols are placed above the notes: G, Bm, Am, D, Em7, C, D, G, Gsus2, Gsus4, G, Gsus4, G. The piece ends with a double bar line.

(*) Repeat as often as desired.

No Private Good

Flowing (♩ = c. 96)

Words and Music by Jeanne Loehnis

Capo 3



The u - ni - verse is al - ways giv - ing,
 And ev - ery soul that is re - cei - ving
 So as you tra - vel through this life - time don't



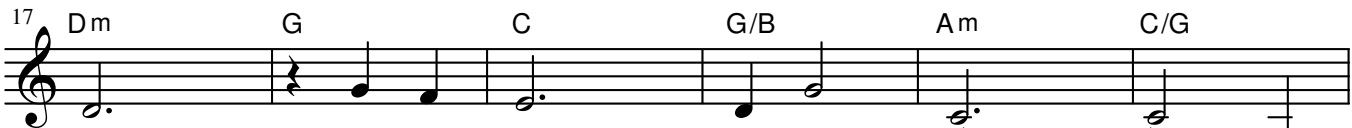
pour - ing forth its end - less bles - sing, giv - ing to each soul that's
 hope and cour - age is be - lie - ving and grow - ing strength from pure - ly
 hes - i - tate: just know that it's fine to use each gift! And then in



yes - sing! And we'll do well in re - mem - ber - ing: that there's
 see - ing that all are one sa - cred be - ing. And there's
 due time share each one as a true sign: That there's



no pri - vate good. Noth - in's just for
 no pri - vate good. Noth - in's just for
 no pri - vate good. Noth - in's just for



me. No, there's no pri - vate good for
 me. No, there's no pri - vate good for
 me. No, there's no pri - vate good for



all of life is mys - ter - y, all u - ni - ty, we're fam - i - ly!
 all of life is mys - ter - y, all u - ni - ty, we're fam - i - ly!
 all of life is mys - ter - y, all u - ni - ty, we're fam - i - ly!

Open and Free

Driving (♩ = c. 110)
Capo 3

Words and Music by Jeanne Loehnis

The musical score is written in 4/4 time with a treble clef and a key signature of one flat (F major). It consists of three staves of music. The first staff contains the first line of the song, with lyrics 'O - pen to life. O - pen to change. O - pen and free to know the'. The second staff continues with 'love of God! O - pen to life. O - pen to change.'. The third staff concludes with 'O - pen I clear - ly see the hand of God!'. Chord symbols are placed above the notes: Am, F, Am/E, FM7, Bdim/D, E, Am, F, Am/E, FM7, E, Am.

Am F Am/E FM7
O - pen to life. O - pen to change. O - pen and free to know the

Bdim/D E Am F
love of God! O - pen to life. O - pen to change.

Am/E FM7 E Am
O - pen I clear - ly see the hand of God!

Open To Spirit

Flowing (♩ = c. 126)

Words and Music by Jeanne Loehnis

Melody

C Am F Dm

O - pen your heart of love. O - pen to Grace.

Descant

O - pen. O - pen.

Detailed description: This system contains the first two staves of music. The top staff is the 'Melody' and the bottom staff is the 'Descant'. Both are in 3/4 time. The melody starts with a quarter note G4, followed by quarter notes A4, B4, and C5. The descant starts with a quarter note G4, followed by quarter notes A4, B4, and C5. Chords C, Am, F, and Dm are indicated above the melody staff. Lyrics are written below the melody staff.

Mel

Em Am Dm7 G C

O - pen and feel it now: Spi - rit em - brace.

Desc

O - pen. O - pen.

Detailed description: This system contains the second two staves of music. The top staff is the 'Mel' and the bottom staff is the 'Desc'. Both are in 3/4 time. The melody continues with a quarter note D5, followed by quarter notes E5, F5, and G5. The descant continues with a quarter note G4, followed by quarter notes A4, B4, and C5. Chords Em, Am, Dm7, G, and C are indicated above the melody staff. Lyrics are written below the melody staff.

Power In My Thought

With energy and drive (*) (♩ = c. 120)

Words and Music by Jeanne Loehnis

Em D C Bm

1 There is po-wer in my thought. Po-wer fills each thought with - in my mind.

2 po-wer in my thought. There is po - wer in my thought. There is

3

4 (mind!) Po - wer. Po-wer.

5 Po-wer. Po-wer.

Em D C B

1 It's with

2 po - wer in my thought. There is po - wer in my thought. There is

3 Po - wer fills each thought I hold in mind!

4 Po - wer. Po - wer fills each thought with - in my mind!

5 Po - wer in each thought in mind!

Power In My Thought - page 2

Em D C Bm

1
care that I choose the thoughts that I re - tain as mine.

2
po - wer in my thought. There is po - wer in my thought. There is

3

4
Po - wer. Po - wer.

5
Po - wer. Po - wer.

Em D C B

1
repeat as often as desired, then fade
There is

2
po - wer in my thought. There is po - wer in my thought. There is

3
Po - wer fills each thought I hold in mind!

4
Po - wer. Po - wer fills each thought with - in my mind!

5
Po - wer in each thought in mind!

(*) Add hand drums for rhythm. Bring parts in gradually. Experiment with order. One suggestion: 1,3,5,4,2. If guitar or keyboard used, improvise around Em triad with suggested bass line: E D C B or use chords listed.

Power In My Word

With energy and drive (*) (♩ = c. 120)

Words and Music by Jeanne Loehnis

Em D C Bm

1 There is po-wer in my word. Po-wer fills each word I choose to say!

2 po-wer in my word. There is po-wer in my word. There is

3

4 (day!) Po-wer. Po-wer.

5 Po-wer. Po-wer.

Em D C B

1 It's with

2 po-wer in my word. There is po-wer in my word. There is

3 Po-wer fills each word I say to-day!

4 Po-wer. Po-wer fills each word I say to-day!

5 Po-wer in each word I say!

Power In My Word - page 2

Em D C Bm

1
care that I choose the words that I re - lease to - day.

2
po - wer in my word. There is po - wer in my word. There is

3

4
Po - wer. Po - wer.

5
Po - wer. Po - wer.

repeat as often as desired, then fade

Em D C B

1
There is

2
po - wer in my word. There is po - wer in my word. There is

3
Po - wer fills each word I say to - day!

4
Po - wer. Po - wer fills each word I say to - day!

5
Po - wer in each word I say!

(*) Add hand drums for rhythm. Bring parts in gradually. Experiment with order. One suggestion: 1,3,5,4,2. If guitar or keyboard used, improvise around Dm triad with suggested bass line: E D C B or use chords listed.

Release

Prayerfully (♩ = c. 96)

Words and Music by Jeanne Loehnis

F11 Bb F GmBb/F Cm Cm7
 When I close my eyes and hands and har-bor on-ly what has been,

F Dm Dm7 Gm Bb/F Cm Cm7
 close my mind and close my ears, live each day in doubt and fear...

F F11 Eb Cm7 Dm Gm7 Eb Cm7
 How can You move in me? How will I ev - er

Bb Bb7 Eb D7 Gm7 Ebadd9 F
 see all I was made to be when you cre - a - ted

1 Bb Bb7 2 Bb Eb D7 Gm7 Bb/F *Transpose to C*
 me? How can You me?

Ebadd9 F Bb G11 C G/B Am C/G
 Now I o - pen wide my mind. Loose the
 o - pen wide my heart. I see we've

(*) If performing with guitar only, it may be easier to play the first section in the key of C also by following chords from measure 22 through the end and omitting the key change.

Dm Dm7 G Em Em7 Am C/G

ver - y ties that bind. I re - lease the pain and fear. And I
nev - er been a - part. And I let your sweet Love flow. I make

Dm Dm7

1 G	2 G G11	3 F Dm7
--------	------------	------------

feel your Love draw near. And I And now I'm fly - ing
room as I let go!

Em Am7 F Dm7 C C7 F E7

free. All that has weigh - ted me I have re - leased this

Am7 C/G Fadd9 G13

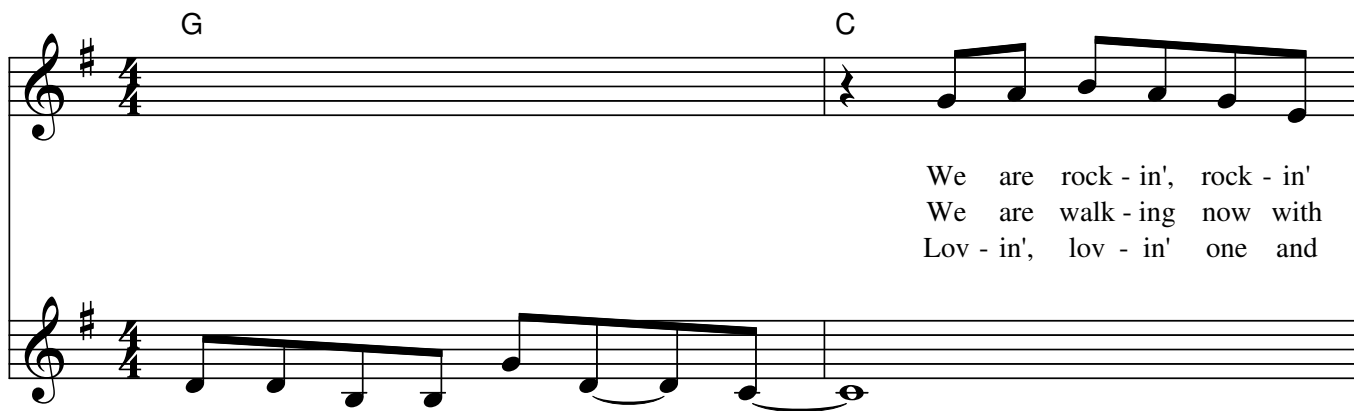
1 C C7	Final ending C
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day! Your Love now lights my way! And now I'm way!

Rockin' With The Spirit Now

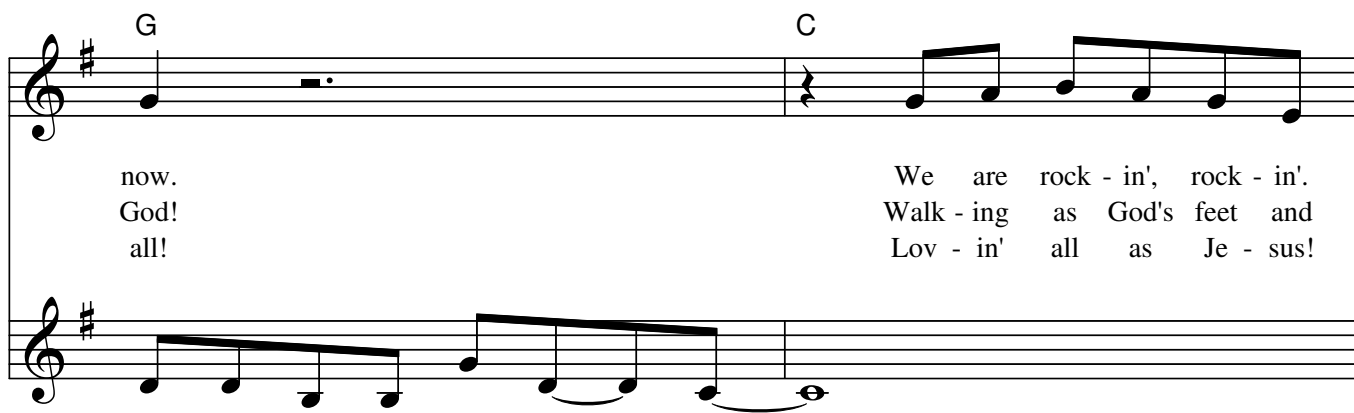
Lively (♩ = c. 120)
Capo 2

Words and Music by Jeanne Loehnis
arr.



We are rock - in', rock - in'
We are walk - ing now with
Lov - in', lov - in' one and

Rock - in' with the Spi - rit now!
Walk - ing as the feet of God!
Lov - in' all as Je - sus taught!



now.
God!
all!

We are rock - in', rock - in'.
Walk - ing as God's feet and
Lov - in' all as Je - sus!

Rock - in' with the Spi - rit now!
Walk - ing as the feet of God!
Lov - in' all as Je - sus taught!

Rockin' With The Spirit Now - page 2

G Am G/B C G/B Am

Liv - ing our lives in free - dom we are
each day we choose with care the steps for
Know - ing that we are one with all we're

Liv - ing our lives in free - dom we are
Each day we choose with care the steps for
Know - ing that we are one with all we're

G/B D7 G

rock - in' with the Spi - rit now!
walk - ing as the feet of God.
lov - in' all as Je - sus taught.

rock - in' with the Spi - rit now!
walk - ing as the feet of God.
lov - in' all as Jes - us taught.

Sacred Sabbath Time

Flowing, as a prayer (♩ = c. 72)
Capo 3

Words and Music by Jeanne Loehnis

Am Am/E Am7

Sa - cred rest is mine when with pure heart and

Sa - cred rest is mine.

Sa - cred rest is mine.

Verses (*)

May you o - pen
In the still - ness
Rest in si - lence.
True con - nec - tion.
With in - ten - tion

(*) Verses are optional and should only be sung by the leader once the group is fully confident with the chant.

Sacred Sabbath Time - page 2

Am/E Am7 FM7

mind I sur - ren - der free - ly to sweet

Sa - cred rest is mine. Sa - cred rest in

Sa - cred rest is mine. Sa - cred

V

to the Spi - rit in your
know sweet peace and sa - cred
Lis - ten on - ly to the
You are one with Spi - rit
cel - e - brate and nour - ish

Dm9 Em Am Em Last time Am

Sab - bath time. Sab - bath time. Sab - bath time.

Sab - bath time. Sab - bath time. Sab - bath time.

Sab - bath time. Sab - bath time. Sab - bath time.

V

soul.
bliss.
still small voice with - in.
dwell - ling in your soul.
in - ner Sab - bath joy.

Since God Is All There Is

With joy (♩ = c. 138)

Words and Music by Jeanne Loehnis

The musical score consists of six staves. The first staff is labeled 'Flute' and begins with a treble clef, a key signature of two flats (B-flat and E-flat), and a 3/4 time signature. It contains a whole rest in the first measure, followed by a dotted quarter note in the second measure, and then a series of eighth and quarter notes in the third, fourth, and fifth measures. The remaining five staves are each labeled 'F' and contain similar melodic lines, with some featuring grace notes and slurs. The piece concludes with a double bar line at the end of the fifth 'F' staff.

Since God Is All There Is

With joy (♩ = c. 138)
Capo 3

Words and Music by Jeanne Loehnis

The musical score is written in treble clef with a 3/4 time signature. It consists of five staves of music. The lyrics are written below the notes. Chords are indicated above the staff lines. The lyrics are: "Since God is all there is. Since God is all there is... can't you see? God is you! God is me! We are one. We are God. God is we! Since God is all there is." The chords are: C, G11, C, Am, Am7, F6, G, C, Em/B, Am7, C/G, Dm, Dm7/C, Bdim7, G7, C/G, Gsus4, C.

Spirit Heal Me

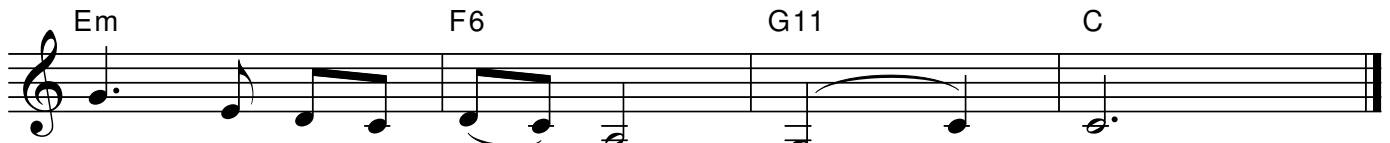
Prayerfully (♩ = c. 128)

Words and Music by Jeanne Loehnis



Spi - rit ev - er wise,
Spi - rit ev - er wise,
Spi - rit ev - er wise,

Spi - rit ev - er free, Sweet
Spi - rit ev - er free, Sweet
Spi - rit ev - er free, Sweet



Spi - rit deep with - in me,
Spi - rit deep with - in me,
Spi - rit deep with - in me,

heal me.
guide me.
lead me.

Spirit Source

Lively (♩ = c. 144)
Capo 4

Words and Music by Jeanne Loehnis

The musical score is written in treble clef with a 3/4 time signature. It consists of two staves. The first staff has four measures with chords C, G, Em, and F above the notes. The notes are: C4 (quarter), G4 (quarter), C5 (half), G4 (quarter), C4 (quarter), G4 (quarter). The lyrics are: "I am whole. I am free." The second staff has three measures with chords C/G, G7, and C above the notes. The notes are: C4 (quarter), G4 (quarter), C5 (quarter), G4 (quarter), C5 (quarter), G4 (quarter), C4 (quarter), G4 (quarter). The lyrics are: "Spi - rit my source of en - er - gy!"

C G Em F

I am whole. I am free.

C/G G7 C

Spi - rit my source of en - er - gy!

Spirit, Make Known To Me

Lightly (♩ = c. 128)

Words and Music by Jeanne Loehnis
arr.

C F G C

Spi - rit, make known to me Your ways as mine to see.
Spi - rit, a team are we for You are part of me.

Am Dm G C

Al - ways I'll walk with Thee. Spi - rit, make known to me.
Al - ways as one we'll be. Spi - rit, a team are we.

Am Dm First time G C G Em A

Optional smaller notes for last verse

D G A D

Bless me with ra - diant light: Your wis - dom and Your sight.
I'm blessed with ra - diant light: Your wis - dom and Your sight.

Bm Em A D

I'll shine both day and night: Your mes - sage as my life.
I shine both day and night: Your mes - sage is my life.

Bm Em A D

Sweet Spirit As My Guide

Lightly (♩ = c. 102)
Capo 5

Words and Music by Jeanne Loehnis
arr.

C C F

I know that I'll not lose my way

C F Dm

when dark grey clouds co - ver the day. I've got sweet Spi - rit by my

G F Dm11 G13 C

side. Sweet, sweet Spi - rit as my guide.

This Is My Life

Prayerfully (♩ = c. 110)
Capo 3

Words and Music by Jeanne Loehnis
arr.

Am E Am G

From this place of in-ner know - ing I be-

F Am/E F G

gin the sa - cred grow - ing, feel sweet Spi-rit ev - er flow - ing. This is

Am E7 C G

my life. I need on - ly to sur - ren - der, pause each

G#dim Am F

day that I'll re - mem - ber to be warm and kind and ten -

G Am E A

der. This is my life. This is my life,

F#m D E

on - ly my life. And I get to choose what is mine to

F#m Bm7 E A

do, gifts I'll give to you. From the wealth of my life,

This Is My Life - page 2

F#m D E

when you need a bright light may you find in me guidance pure and

F#m Bm7 E A

free, peace, ser - en - i - ty. This is my life.

G F

My life... My life...

E Am G

Mmmm Deep with - in I know the true bliss. Sa - cred

F Am/E F

heart space holds the es - sence. Dwell - ling here I feel the Pre -

G Am Em Am

sence. This is my life. This is my life.

Em Am

This is my life.

Twenty-Four Hours

Lightly (♩ = c. 128)
Capo 3


Words and Music by Jeanne Loehnis
arr.

C F G C G11



Chorus

C F G C



Twen - ty - four hours in a day is all I have. Twen - ty - four hours in a

G C C7



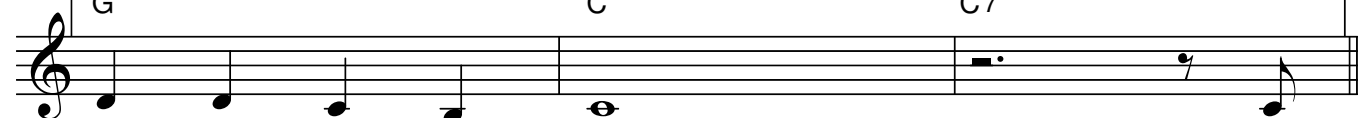
day. To - day is all that I've been giv - en. To -

F Dm7(-5) C/G




day is the day that I am liv - ing! Twen - ty - four hours is a

1, 2, 3
G C C7




gift that's mine to live. (to verses) I

Last time
G F D G



gift. Twen - ty - four hours is a gift!

C/G Am F6 G C



Twen - ty - four hours is a gift that's mine to give!

Twenty-Four Hours - page 2

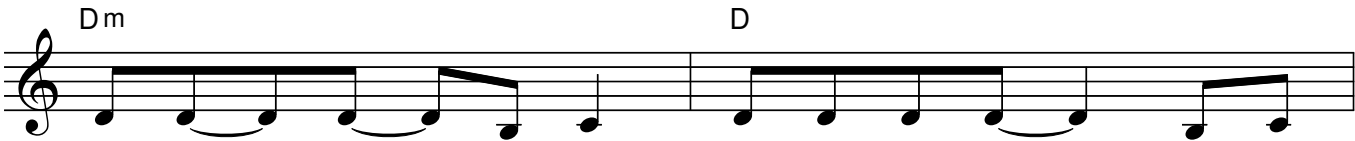
Verses



woke up this morn - ing and the first thing I no - ticed: I've
 Some - times I'm scared and I'm feel - ing a - lone. A -
 H - P and me as a team it's bet - ter:
 H - P and me, yes with help I'm reach - ing



got a fresh start and I will stay fo - cused.
 fraid to move on and I can't go back home. I
 fa - cing each chal - lenge: - al - ways to - geth - er!
 out with the hope that H - P has been teach - ing.



Here and now, in this day I'm clean. Gon - na'
 need a friend, one who knows my pain. I've
 Look - ing back so I won't for - get, but
 Mak - ing plans for a fu - ture I see, but



use this sec - ond chance to be all I can be!
 got a su - per spon - sor so I'll call her a - gain!
 not get - ting stuck in the pain of re - gret!
 liv - ing in the NOW where I can suc - ceed!

Walking Each Day

Moving (♩. = c. 60)
Capo 3

Words and Music by Jeanne Loehnis
arr.

Am E Am E

Chorus

Am FM7 Dm7 Em Am

Where am I go - ing this day of my life?

FM7 Dm11 Esus4 E

Where am I go - ing this day?

F Em Dm Dm/F E/G#

It's mine to see, mine to know, mine to be

FM7 Dm9 Bdim E

walk - ing each day on the path You show

Last time to coda

1, 2 Am E Am FM7 Am E CM7 Am FM7 Em

me.

(to verses)

The
I'll

Coda (repeat and fade)

Am FM7 Dm9 Bdim E Am

me.

Walk - ing each day on the path You show me.

Fine

Walking Each Day - page 2

Verses

Am FM7 Dm7 Am

path, it is wide and the path, it is deep. I
al - ways re - mem - ber with each pas - sing day that

FM7 Csus2 Dm11 E

know that for cer - tain this path is u - nique. I
I'll not be lost e - ven though I do stray! For

FM7 Em Dm Am9

treas - ure the twists and the turns I have made. With
I am at home eve - ry - where, this I know: I'm

F Dm9 Bdim E Am

each so - ur lem - on I make lem - on - ade.
gui - ded by true Love. Your ways I will go.

E Am E

(to chorus)

We Release You

Flowing, with love (♩. = c. 66)
Capo 2

Words and Music by Jeanne Loehnis
arr.

C Am Dm7 G

C C/B

We re - lease you for in
Spi - rit, in Your
hold you deep with -

C/A C/G

new ways you will go. We re -
arms en - fold Your child. Rock her
in our heart and soul for you've

Dm Dm7

lease you for there's
gen - tly, fill her
held us while as

G11 G7 C C7

new friends you will show the Truth of a -
dreams with love and smiles. Be one with her
Spi - rit we have grown. And we now pray

F Dm

bun - dance of Spi - rit with -
spi - rit as Cyn - thi - a
with you! You've taught us to

We Release You - page 2

Em Am

in their heart and soul. We re -
bles - ses all she greets. Gift her
turn with - in and know Spi - rit's

Dm G

lease you now to
dai - ly with Your
gui - dance in our

C G11 1, 2

grow! Sweet, sweet
peace. Now we
souls.

Final ending C

We re - lease you! We re - lease you!

Dm

And we love you! And we love you!

C/E G11 Gsus4 C

We pray with you as Spi - rit you go!

(*) We Release You was written as a minister's farewell for Rev. Cynthia Barclay. Verses two and three are tailored to her particular gifts. These could be used with just a substitution for "Cynthia". Alternatively, the following verse might replace both.

Now we hold you deep within our heart and soul
for you've held us while as Spirit we have grown.
Sweet trust in abundance from Spirit
now lives deep in our souls.
We fly freely as we grow.

What Would Courage Say?

Thoughtfully (♩ = c. 110)
Capo 3

Words and Music by Jeanne Loehnis

Am Am Bdim

When fear has filled my ev - ery thought in -
 When I've grabbed hold a - gain this day, con -
 When doubt has come and ques - tioned me, and
 When hate deep down with - in my bones is

Dm7 E F Am/E

er - tia trapped me though I've fought to free my - self and
 trol - ling ev - ery move I make, think - ing I'm in
 clear di - rec - tion I can't see, it's pulled me down. I'm
 my pro - tec - tion from your stones 'tis pain, not free - dom,

Dm9/D Am/E Fadd9 Dm9 Bdim/F E

move a - head may cour - age speak to me in - stead.
 charge a - gain may I let go and breathe You in.
 so con - fused. May I re - mem - ber trust in You!
 that I feel! May Love in me now be re - vealed.

F6 Dm D7/F# G

What would Cour - age say?
 How can I let go?
 Where can I find Trust?
 How will I see Love?

What Would Courage Say? - page 2

G Dm9 G F

You've ev-ery-thing you need this day to turn and walk the oth - er way.

C Dm9 G F6

Deep with-in where Spi - rit dwells come and know that all is well.

C Dm Dm/C E7 C Final ending

(*) Alternate version relates solely to Fear. Use verse one above, followed by this as the second and final verse which has its own refrain:

When I release my fear of fear
and draw it close and pause to hear
that still small voice: my inner guide.
No longer need I run and hide.

I hear Wisdom say:

The fear you feel within your soul
has come to teach you, make you whole.
Listen well then turn to see,
I'm in all; I'll set you free. (repeat refrain)

When

Brightly (♩ = c. 110)

Words and Music by Jeanne Loehnis



When I go with - in my heart I know.
When I trust in Spi - rit I am free!
When as Spi - rit I love all man - kind



When I go with - in 'tis then You show.
Free to be the love I'm made to be!
thoughts of peace il - lu - min - ate my mind!



You show me the way to live in har - mo - ny. 'Tis life You give.
Free to laugh and sing and play and let my life show all the way.
All as one. The One is All as each hears Spi - rit's pri - vate call.



When I go with - in my heart I know.
When I trust in Spi - rit I am free!
When as Spi - rit I love all man - kind.

When Women Gather

Words and Music by Jeanne Loehnis

Hauntingly (♩ = c. 138)

The musical score is written in treble clef with a key signature of three sharps (F#, C#, G#) and a 3/4 time signature. The tempo is marked as 'Hauntingly' with a quarter note equal to approximately 138 beats per minute. The score consists of ten staves of music, each with a corresponding line of lyrics. Chord symbols are placed above the notes. The lyrics are: 'Each has come, aware of depth, that they all have jour-neyed to this point own. When wom-en gath - er, far a - way from life's un - ceas - ing tasks... in time each slows from hec-tic pace and dares re - move the mask. Gen - tly first, just dab-bl-ing with this free - dom all so need;'. The score includes two verses, with 'Verse 1' and 'Verse 2' indicated above the music.

E/B E E/B E Verse 1 E
Each has come, a -
ware of depth, that they a - lone can know. For
E D A/C# E/B E
all have jour-neyed to this point a path that is their
E/B E E/B E E
own. When wom-en gath - er,
D C E/B E
far a - way from life's un - ceas - ing tasks...
E D C
in time each slows from hec-tic pace and dares re - move the
Verse 2
E/B E E/B E E
mask. Gen - tly first, just
D A/C# E/B E
dab-bl-ing with this free - dom all so need;

When Women Gather - page 2

E D A/C#
Joy and laugh-ter fill the air as trust grows from this

E/B E E/B E E
seed. 'Tis then, in mo-ments

Dsus2 Csus2 E/B E
un-fore-seen and catch-ing un-a-ware, a

E Dsus2 Csus2
mes-sage strikes an in-ner chord and sor-row deep is

Verse 3

E/B E E/B E E
shared. And mir-a-cles of

D A/C# E/B E
bond-ing grow as sto-ries told re-veal the

E D A/C#
one-ness of the fe-male soul we nur-ture now to

E/B E E/B E E
heal. When wom-en gath-er,

When Women Gather - page 3

D C E/B E

far a-way, a bles - sing we be - hold.

E D C

Now joined as one in sa-cred space: the mir - rors of our

E/B E E/B E E

Final verse

souls. When wom-en gath - er,

D A/C# E/B E

far a-way, a bles - sing we be - hold.

E D A/C#

Now joined as one in sa-cred space: the mir - rors of our

E/B E *rit.* A/C# E/B E

souls. The mir - rors of our souls.

(*) Each verse of this piece has two segments of 18 measures. The last two measures are intended as a transition between two distinct styles for each verse. The first 16 measures of the verse are in a light and flowing style which on a guitar can be gentle finger picking or on a keyboard with eighth notes filling in the harmonies for the measure.

The second 16 measures of the verse are dark and haunting. This can be achieved by striking each chord only once and letting it ring for the two measures. Measures 17 and 18 in each verse can shift to the "other" style as a lead in to the next segment.

You're Here In Me

Flowing (♩ = c. 110)

Words and Music by Jeanne Loehnis
arr.


Am FM7 Dm7 B♭ Gm7 A



It's been an-oth-er day It's been hard, I've lost my way. Feels the dark is here to stay.


Verse

tacet Dm7 G




When chal-len-ges of life in me re - sound and I don't know which

C C/B Am Am/G F6



way is up or down, I'm feel-ing all a - lone and sad and scared

G C G A tacet



and all I want to do is cry! If I lis - ten

Dm7 G C C/B



care - ful - ly I'll hear a ten - der, gen - tle voice so ver - y near.

Am Am7 F6 G



This gui - dance from with - in is crys - tal clear. But, can it re -

E E7 A Chorus Dm



lieve my fear? I don't need to know or un - der - stand

You're Here In Me - page 2

G C C/B Am Am/G

all You hold with - in your lov - ing plan. I just need to

F6 G C

turn with - in and see it as a mys - ter - y!

Use alternate melody on repeat (can also be harmony)

A7 Dm7 G

All I am to be, all that I am, all is gui-ded

C C/B Am Am/G F6

by Your lov - ing hand. I lis - ten and I know from deep with - in

G C

First time A7	Last time C
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You're here in me. I don't need to

I Turn Within

In this very moment
I turn within and find
Peace beyond all knowing
when I but still my mind.

I turn within.
I turn within.
I touch that place within my soul,
that place of **Love** where I am whole,
where **Peace** and **Joy** have set me free,
where eyes of **Hope** see eternity.

In this very moment
I feel a sense of awe.
I'm no longer separate
for **Love** has joined us all.

In this very moment
a smile comes from within.
Joy that's deep and sacred
has filled me once again!

In this very moment
I look ahead and know
the purpose of the journey
for **Hope** has taken hold!

As I Wait For Christmas

As I wait for Christmas,
I turn within and find
Peace beyond all knowing
when I but still my mind.

I turn within.
I turn within.
I touch that place within my soul,
that place of **Love** where I am whole,
where **Peace** and **Joy** have set me free,
where eyes of **Hope** see eternity.

As I wait for Christmas,
I feel a sense of awe.
I'm no longer separate
for **Love** has joined us all.

As I wait for Christmas,
a smile comes from within.
Joy that's deep and sacred
has filled me once again!

As I wait for Christmas,
I look ahead and know
the purpose of the journey
for **Hope** has taken hold!

Mommy, Can We Run Through The Rain?

“Mommy, can we run through the pouring rain?”
My little girl asked with a smile.
“Let’s wait a few more moments, let it slow down.”
So we waited a short little while.

“Mommy can we run through the rain?” she asked.
“Honey, we’ll get wet if we do. “
“But that’s not what you said when Daddy asked
about his cancer, and me, and you.”

You said, “God will take care of us.
We’ll be just fine.
And I know what you said is true ‘cause
Mommies never lie.”

My heart skipped a beat and I turned within
for guidance I knew would be true.
“Honey, you’re so right, we’ll let God decide
if we need washing today – rain will do!”

Do you run in the rain, let your plans get wet?
And do you bend when Spirit calls and trust Spirit’s net?
Do you live in the moment and seize every chance
to be one with the blessings of sweet Spirit’s dance?

When Mother Nature shows her colors true,
do you stop, look around and just gaze?
Accept the miracle God’s giving to you,
or stay focused on work that pays?

Do you run in the rain, let your plans get wet?
And do you bend when Spirit calls and trust Spirit’s net?
Do you live in the moment and seize every chance
to be one with the blessings of sweet Spirit’s dance?

And when a friend stops by unexpectedly
are you ready to lend her an ear?
Or are you more inclined just to state your case
that you are busy with no time to spare?

Do you run in the rain, let your plans get wet?
And do you bend when Spirit calls and trust Spirit’s net?
Do you live in the moment and seize every chance
to be one with the blessings of sweet Spirit’s dance?

Will you run in the rain with me, let your plans get wet?
And will you bend when Spirit calls and trust Spirit’s net?
Will you live in the moment, treat each one as new?
And let yourself receive the blessings God has for you.

Spirit, Make Known To Me

Spirit, make known to me
Your ways as mine to see.
Always I'll walk with Thee.
Spirit, make known to me.

Spirit, a team are we
for You are part of me.
Always as one we'll be.
Spirit, a team are we.

Bless me with radiant light:
Your wisdom and Your sight.
I'll shine both day and night:
Your message as my life.

I'm blessed with radiant light:
Your wisdom and Your sight.
I shine both day and night:
Your message is my life.

Twenty-Four Hours

Twenty-four hours in a day is all I have.
Twenty-four hours in a day.
Today is all that I've been given.
Today is the day that I am living!
Twenty-four hours is a gift that's mine to live.

I woke up this morning and the first thing I noticed:
I've got a fresh start and I will stay focused.
Here and now, in this day I'm clean.
Gonna' use this second chance to be all I can be!

Sometimes I'm scared and I'm feeling alone.
Afraid to move on and I can't go back home.
I need a friend, one who knows my pain.
I've got a super sponsor so I'll call her again!

HP and me as a team it's better:
facing each challenge - always together!
Looking back so I won't forget,
but not getting stuck in the pain of regret!

HP and me, yes with help I'm reaching
out with the hope that HP has been teaching.
Making plans for a future I see,
but living in the NOW where I can succeed!

Twenty-four hours in a day is all I have.
Twenty-four hours in a day.
Today is all that I've been given.
Today is the day that I am living!
Twenty-four hours is a gift.
Twenty-four hours is a gift!
Twenty-four hours is a gift that's mine to give!

Rockin' With The Spirit Now!

Rockin' with the Spirit now!
 Rockin' with the Spirit now!
 Living our lives in freedom we are
 rockin' with the Spirit now!

Walking as the feet of God!
 Walking as the feet of God!
 Each day we choose with care the steps for
 walking as the feet of God.

Lovin' all as Jesus taught!
 Lovin' all as Jesus taught!
 Knowing that we are one with all we're
 lovin' all as Jesus taught.

I Have Waited

I have waited all my lifetime
 for a love to set me free.
 I have waited all my lifetime
 for the freedom to be me.

Now I'm committed to the Spirit.
 I have heard the voice in me.
 Now I will listen with my spirit.
 to Your voice which sets me free.

I have waited all my lifetime
 for the grace to be made whole.
 I have waited all my lifetime
 to feel sweetness in my soul.

Now I'm committed to the Spirit
 and my soul has opened wide.
 Spirit within me – such a blessing!
 With sweet grace I now abide.

I have waited all my lifetime
 to see God's rich gifts in me.
 I have waited all my lifetime
 to be all that I can be!

Now I'm committed to the journey:
 every step that's mine to take.
 I let God's light shine let God's gifts grow!
 God and I now co-create!

In This Blessed Moment

In this blessed moment let your eyes meet mine.
 In this moment know the love that binds all space and time.
 As our hearts two lives connect 'tis our souls that do direct us
 in this blessed moment now.

In this blessed moment let your soul touch mine.
 In this moment join with me and know sweet Love Divine.
 As our souls within unite we are blessed with Spirit's sight
 in this blessed moment now.

Every Day

Every day is another day to waken to all that I can be!
Every day is another day to use the talents God gave to me.

Every day is another day to pause as needed with God in prayer.
Every day is another day to know that God's with me everywhere.

Every day is another day to reconnect with all I've been taught.
Every day is another day to live the message and walk the talk.

Every day is another day to choose with care just what I will do.
Every day is another day to keep each promise I make to you.

Every day is another day to do what's next on this journey mine!
Every day is another day to keep on livin' this life so fine!

No Private Good

The universe is always giving,
pouring forth its endless blessing,
giving to each soul that's yessing!
No need have we for guessing.

And there's no private good.
Nothin's just for me.
No, there's no private good
for all of life is mystery and we are all one family!

And every soul that is receiving
hope and courage is believing
and growing strength from purely seeing
that all are one sacred being.

And there's no private good.
Nothin's just for me.
No, there's no private good
for all of life is mystery and we are all one family!

So as you travel through this lifetime
don't hesitate: just know that it's fine
to use each gift! And then in due time
share each one as a true sign:

Power In My Word

There is power in my word.
Power fills each word I choose to say!
It's with care that I choose
the words that I release today.

Power In My Thought

There is power in my thought.
Power fills each thought within my mind.
It's with care that I choose
the thoughts that I retain as mine.

Sacred Sabbath Time

Sacred rest is mine
when with pure heart and mind
I surrender freely
to sweet Sabbath time.

Sweet Spirit As My Guide

I know that I'll not lose my way
when dark grey clouds cover the day.
I've got sweet Spirit by my side.
Sweet, sweet Spirit as my guide.

Open To Spirit

Open your heart of love.
Open to grace.
Open and feel it now:
Spirit embrace.

Open And Free

Open to life. Open to change.
Open and free to know the love of God!
Open to life. Open to change.
Open I clearly see the hand of God!

My Spirit Free

Wings just like a butterfly
lift my spirit to the sky!
I now soar; as Love I see.
Flying high, my spirit free.

Spirit Source

I am whole. I am free.
Spirit my source of energy!

I Am A Channel

I am a channel for God's good on the Earth.
I am a channel for God's good.
I am a channel and all good flows through me!
I am a channel for all good.

Since God Is All There Is

Since God is all there is.
Since God is all there is... can't you see?
God is you! God is me!
We are one. We are God. God is we!
Since God is all there is.

Breath Of Life

Breath of life flowing freely
fill me now!

I Delight In This Sacred Sabbath Rest

I delight now in peace and gentleness.
I delight as I feel Your sweet caress.
I delight while enfolded in Your nest.
I delight in this sacred Sabbath rest.

Healing Chant

Deeply I breathe,
freely receive.
Healing love flows,
wholeness restored.

Gift Of Life

Gift of Life I am Yours.
Gift of Life opening doors.
Living free I make my world.
I'm alive and life is good!

Spirit Heal Me

Spirit ever wise, Spirit ever free,
Spirit deep within me, heal me.

Am I Willing?

Am I willing to be who I am?
Am I willing to be the I AM?
Am I willing to let Love in?
Am I willing? I AM!

What Would Courage Say?

When fear has filled my every thought
inertia trapped me though I've fought to
free myself and move ahead
may courage speak to me instead.

What would Courage say?

You've everything you need this day
to turn and walk the other way.
Deep within where Spirit dwells
come and know that all is well.

When I've grabbed hold again this day,
controlling every move I make,
thinking I'm in charge again
may I let go and breathe You in.

How can I let go?

You've everything you need this day
to turn and walk the other way.
Deep within where Spirit dwells
come and know that all is well.

When doubt has come and questioned me,
and clear direction I can't see,
it's pulled me down. I'm so confused.
May I remember trust in You!

Where can I find Trust?

You've everything you need this day
to turn and walk the other way.
Deep within where Spirit dwells
come and know that all is well.

When hate deep down within my bones
is my protection from your stones
'tis pain, not freedom, that I know!
May Love for all in me now flow.

Love, how do You flow?

You've everything you need this day
to turn and walk the other way.
Deep within where Spirit dwells
come and know that all is well.

Release

When I close my eyes and hands
and harbor only what has been,
close my mind and close my ears,
live each day in doubt and fear...

How can You move in me?
How will I ever see
all I was made to be
when you created me?

Now I open wide my mind.
Loose the very ties that bind.
I release the pain and fear.
And I feel your Love draw near.

And I open wide my heart.
I see we've never been apart.
And I let your sweet Love flow.
I make room as I let go!

And now I'm flying free.
All that has weighted me
I have released this day!
Your Love now lights my way!

When

When I go within my heart I know.
When I go within 'tis then You show.
You show me the way to live in
harmony. 'Tis life You give.
When I go within my heart I know.

When I trust in Spirit I am free!
Free to be the love I'm made to be!
Free to laugh and sing and play and
let my life show all the way.
When I trust in Spirit I am free!

When as Spirit I love all mankind
thoughts of peace illuminate my mind!
All as one. The One is All as
each hears Spirit's private call.
When as Spirit I love all mankind.

Light That Shines In Me

Light that shines in me
make my eyes to see
that which sets me free.
Light shine bright in me.

Love that lives in me
may I set you free
that the world might see
Your sweet Truth as me.

Hope that grows in me,
promises I see.
Always guiding me:
hope grow strong in me.

Joy expressed as me,
life that's rich and free,
all who know me see:
You're the joy in me.

Always And Ever

Always and ever I'll walk with You whether
I'm near or far away.
I feel You, Spirit, holding me gently.
And I'm safe in Your care this day.

Always and ever I'll walk right beside You
aware of Your guiding hand.
Walking with You now, each step together,
we'll travel across all the land.

Always and ever we'll be together.
Always and ever, always together!

Spirit as partner, together as one now,
we have much work to do.
I share with others the love I've been given
and all now are drawn close to You!

I Go Forth Today

Love gives to me everything I need.
I believe, I believe.
Love is the place that I choose to be.
I receive, I receive.

Now I go forth centered in this strength.
I give in joy from this place of faith.
Love guides me clearly along life's way.
I go forth today.

It Dwells Within

Take time to reconsider all you've been taught.
The Truth, it dwells within.
Come walk the sacred journey down to your soul.
It's time now to begin!

Each life has a purpose.
Each life has a plan.
The journey is unique for each woman and man!

Take time to reconsider all you've been taught.
The Truth, it dwells within.
Come walk the sacred journey down to your soul.
It's time now to begin!

You've a special purpose:
a job to be done.
For every man and woman is the Holy One!

Take time to reconsider all you've been taught.
The Truth, it dwells within.
Come walk the sacred journey down to your soul.
It's time now to begin!

You need only know the first step
then reach out in faith.
The longest journey has a first step ...
each and every day!

Take time to reconsider all you've been taught.
The Truth, it dwells within.
Come walk the sacred journey down to your soul.
It's time now to begin!

Take that first step.
Take that first step.
Take that first step.
Begin!

Take time to reconsider all you've been taught.
The Truth, it dwells within.
Come walk the sacred journey down to your soul.
It's time now to begin the journey within!

When Women Gather

Each has come, aware of depth,
that they alone can know.
For all have journeyed to this point –
a path that is their own.

When women gather, far away
from life's unceasing tasks...
in time each slows from hectic pace
and dares remove the mask.

Gently first, just dabbling
with this freedom all so need;
Joy and laughter fill the air
as trust grows from this seed.

'Tis then, in moments unforeseen
and catching unaware,
a message strikes an inner chord
and sorrow deep is shared.

And miracles of bonding grow
as stories told reveal
the oneness of the female soul
we nurture now to heal.

When women gather, far away,
a blessing we behold.
Now joined as one in sacred space:
the mirrors of our souls.

As God

As the breath of God my life flows.
As the breath of God my life flows.
As the breath of God I reach out to you.

As the heart of God I love you.
As the heart of God I love you.
As the heart of God I reach out to you.

As the hands of God I hold you.
As the hands of God I hold you.
As the hands of God I reach out to you.

As the voice of God I teach you.
As the voice of God I teach you.
As the voice of God I reach out to you.

As the feet of God I lead you.
As the feet of God I lead you.
As the feet of God I reach out to you.

This Is My Life

From this place of inner knowing
I begin the sacred growing,
feel sweet Spirit ever flowing.
This is my life.

I need only to surrender,
pause each day that I'll remember
to be warm and kind and tender.
This is my life.

This is my life,
only my life.
And I get to choose
what is mine to do,
gifts I'll give to you.

From the wealth of my life,
when you need a bright light
may you find in me
guidance pure and free,
peace, serenity.

This is my life.
My life...
My life...
Mmmm...

Deep within I know the true bliss.
Sacred heart space holds the essence.
Dwelling here I feel the Presence.
This is my life.
This is my life.
This is my life.

Give In To The Power

The sun it will rise.
The rain it will fall.
The rainbow will come again
like spring and like fall.

The seed pod will burst.
The flower will bloom upon the tree.
The fruit it will grow so sweet
for you to eat.

Give in to the power!
Trust it is done.
Know all is Spirit.
In God we are one.

Give in to the knowing that you're on your way –
sharing ever growing, living and serving,
your love is showing seeds of compassion.
You're on your way!

And all that you are,
and all you will be,
all talent within you,
the world does now see.

Yes life's flowing on
with laughter and joy to mark each day.
And you know the path that's yours!
For now you say:

I give in to the power!
Trust it is done.
I know all is Spirit.
In God we are one.

I give in to the knowing that I'm on my way –
sharing ever growing, living and serving,
my love is showing seeds of compassion.
I'm on my way!

I Go Forth Today

Love gives to me everything I need.
I believe, I believe.
Love is the place that I choose to be.
I receive, I receive.

Now I go forth centered in this strength.
I give in joy from this place of faith.
Love guides me clearly along life's way.
I go forth today.

Holy, Holy, Holy

Words adapted from Science of Mind by Ernest Holmes

Inner Presence, Great and Mighty,
 Inner Light that shines divinely
 Inner Life that lives completely,
 Holy, Holy, Holy!

Inner Joy that smiles serenely,
 Inner Peace that flows so deeply,
 Inner Calm, untroubled, happy,
 Holy, Holy, Holy!

Inner Love that gives so freely,
 Inner Truth that never fails me,
 Inner Power that holds securely,
 Holy, Holy, Holy!

Inner Eye that sees so clearly,
 Inner Ear that hears Him always,
 Inner Voice that speaks supremely,
 Holy, Holy, Holy!

Inner Good that binds me to Thee,
 Inner God that Lives within me,
 Inner Life, Thy presence only,
 Holy, Holy, Holy!

Holy, Holy, Holy, Holy!
 Holy, Holy, Holy, Holy!
 Holy, Holy, Holy, Holy!
 Holy, Holy, Holy!

I'm Gonna Honor This Need

I'm gonna honor this need within my soul
 I'm gonna honor this need that I might grow!
 I'm gonna honor this need and you will know
 I have honored my need so my story goes.

It goes on and on each and every day.
 It goes on and on when I'm at work and at play.
 It goes on and on and I dare to say
 I'm movin' on and on livin' Spirit's way.

I'm gonna tend to that flame within my soul.
 I'm gonna feed it with love that it will grow!
 I'm gonna share this bright light and all will know
 I have tended my inner flame and my story goes.

It goes on and on each and every day.
 It goes on and on when I'm at work and at play.
 It goes on and on and I dare to say
 I've got a fire roaring in my heart livin' Spirit's way.

My inner flame's roaring brightly now livin' Spirit's way.

I Stand In My Strength

I stand in my strength.
 I stand in my strength.
 I've found my voice.
 It is my choice
 to be free standing in my strength.

I need not wait for you to show me the way.
 I stand in my strength today.
 The answers are mine here deep inside.
 So I stand in my strength today!

I stand in my strength.
 I stand in my strength.
 I've found my voice.
 It is my choice
 to be free standing in my strength.

I need not hide in the shadows of night.
 I stand in the light of the day.
 What's mine to share has always been there!
 So I share from my strength today!

I stand in my strength.
 I stand in my strength.
 I've found my voice.
 It is my choice
 to be free standing in my strength.

I stand in my strength.
 I stand in my strength.
 I'm free standing in my strength.

I stand in my strength.
 I stand in my strength.
 I'm free standing in my strength.

Miracle of Life

Listen to the birds singing sweetly in the trees.
 Can you see the buds turning into leaves?
 Miracle of life for all to see:
 Spring is bursting forth now for you and me!

Can you hear the whisper from the wings of birds in flight?
 Do you see the movement of each branch so high?
 Does the fragrant cedar fill you with delight?
 Waken all your senses child of earth and sky!

Morgan's Mighty Mystery

It's a maniacal menagerie of Morgan's mighty mystery
and meditative mastery with mind bending philosophy!
With metaphysical intent we model our magnificence
at Unity Church of Christianity!

While Myrtle managed miracles
her mental discipline revealed
momentum moving mortal souls
from thoughts medieval to their goals!

It's a maniacal menagerie of Morgan's mighty mystery
and meditative mastery with mind bending philosophy!
With metaphysical intent we model our magnificence
at Unity Church of Christianity!

His message makes a map for man.
Amusings mirror back the plan.
The men's group merely makes the meals
And master mind's the next ordeal!

It's a maniacal menagerie of Morgan's mighty mystery
and meditative mastery with mind bending philosophy!
With metaphysical intent we model our magnificence
at Unity Church of Christianity!

And lest we move toward melancholy
we make memories so jolly:
music, melodies are folly!
Huggings, muggings, "Oh, by golly!"

It's a maniacal menagerie of Morgan's mighty mystery
and meditative mastery with mind bending philosophy!
With metaphysical intent we model our magnificence
at Unity Church of Christianity!

Walking Each Day

Where am I going this day of my life?
Where am I going this day?
It's mine to see, mine to know, mine to be
walking each day on the path You show me.

The path, it is wide and the path, it is deep.
I know that for certain this path is unique.
I treasure the twists and the turns I have made.
With each sour lemon I make lemonade.

I'll always remember with each passing day
that I'll not be lost even though I do stray!
For I am at home everywhere, this I know:
I'm guided by true Love. Your ways I will go.

We Release You

We release you for in new ways you will go.
 We release you for there's new friends you will show
 the Truth of abundance of Spirit within their heart and soul.
 We release you now to grow!

Sweet, sweet Spirit in Your arms enfold Your child.
 Rock her gently, fill her dreams with love and smiles.
 Be one with her spirit as Cynthia blesses all she greets.
 Gift her daily with Your peace.

Now we hold you deep within our heart and soul
 for you've held us while as Spirit we have grown.
 And we now pray with you! You've taught us to turn within and know
 Spirit's guidance in our souls.

We release you! We release you!
 And we love you! And we love you!
 We pray with you as Spirit you go!

You're Here In Me

It's been another day.
 It's been hard, I've lost my way.
 Feels the dark is here to stay.

When challenges of life in me resound
 and I don't know which way is up or down,
 I'm feeling all alone and sad and scared
 and all I want to do is cry!

If I listen carefully I'll hear
 a tender, gentle voice so very near.
 This guidance from within is crystal clear.
 But, can it relieve my fear?

I don't need to know or understand
 all You hold within your loving plan.
 I just need to turn within and see
 it as a mystery!

All I am to be, all that I am,
 all is guided by Your loving hand.
 I listen and I know from deep within
 You're here in me.