

Gratitude

Words and Music by Jeanne Loehnis
arr. Jeanne Loehnis

Have fun (♩ = c. 138)

C C/B C/A G7 C C/B C/A G7 C C/B

Grat - i - tude,
Grat - i - tude,
Grat - i - tude,

C/A C/G C G

grat - i - tude, it's not a feel - ing it's an at - ti - tude. When
grat - i - tude, it's not a feel - ing it's an at - ti - tude. No
grat - i - tude, it's not a feel - ing it's an at - ti - tude. Each

C C+/E

chal - lenge is con - ceal - ing all things I would call ap - peal - ing grat - i -
mat - ter my e - mo - tion, when sweet grat - i - tude's in mo - tion I am
day is mine to fo - cus not on an - cient ho - cus po - cus but a

F C/G G7

Until last time C Last time C

tude can be re - veal - ing: All is well.
one with the rich no - tion: All is well.
dai - ly grate - ful no - tice: All is well.

(* Optional verses

Gratitude, gratitude, it's not a feeling it's an attitude.
Despite all that I'm doing
I'm not winning but I'm losing.
Gratitude won't stop infusing:
All is well.

Gratitude, gratitude, it's not a feeling it's an attitude.
As I trust in the process,
use the steps to cut my losses,
gratitude shows me the progress:
All is well.

Gratitude, gratitude, it's not a feeling it's an attitude.
When I let go of worry
and the endless hurry scurry
gratitude comes with a flurry:
All is well.

Gratitude, gratitude, it's not a feeling it's an attitude.
When fear is overwhelming
and I feel as though I'm drowning
gratitude upturns my frowning:
All is well.

(* This song should be done playfully. Stretch the rhythm in the "verses". Pause before "All is well".
Have fun and give it attitude!