

Name: _____ Email: _____

A coaching or mentoring journey is the gift of a mirror – a partnership that will invite you to see YOU and dare you to become all that you are meant to be in this lifetime. It is a journey into 100% self-responsibility that will challenge you to take risks on your own behalf and commit to bold action steps.

Tell me why you have what it takes to take full advantage of this opportunity by answering the questions below.

What are your personal and life goals as you see them today?

What are your strengths, and how are you able to use them?

What holds you back from achieving your goals and dreams?

Describe other personal growth experiences that have had a significant impact on you and your personal development.

In what ways are you longing to be challenged, grown and stretched?

On a scale of 1 to 10 (10 being the highest), how available are you to play “full out”, to take full advantage of this opportunity, and to let our work together have a major influence on your life?

I was born at this time in history in order to...

Send the completed form electronically to Jeanne at SongsForYourSpirit@new.rr.com.